

Best Practice: 2

1. Title of Practice: Strengthening of Indian Women's

2. Objectives of the Practice

- To add value to human life by strengthening Women's of India.
- To improve overall Health of Women's.
- Gender equality by giving equal opportunities and scope to improve girl's participation in progress of society.

Intended Outcomes:

- Breeding value and ethics about equality.
- Strengthening of women's health will boost QoL of underdeveloped segment of villages.
- Gender equity will lay foundation for better society and women empowerment.
- Large no. of students involvement, connected towards society.
- Counseling support to young girls for positive attitude & confidence in life.

3. The Context

We have focused on strengthening the Women's especially village girls & medical students, through different activities, which trigger for betterment like Physical, Mental and Social improvement. Readiness to face changing life difficulties and modern challenges of the world. So as, to make them ready for participation and integration in National development.

4. The Practice

We conduct various programs to address the Gender equity and Strengthening of Women every year. Objective of this is to improve the confidence of girls and women's in society especially Villagers. We do counseling of girl's student & to guide them regularly regarding their performance & ultimately to improve their QoL. Support and care is provide to all the females as well as students & staff of the institute by programs like Awareness, health check-ups, Menstrual Hygiene.

Anti-ragging, Cancer awareness, De-addiction, Health Promotion. We even try to provide financial support to the needy girls through Savitribai Phule Scholarship. We organize lectures and seminars for Gender equity and sensitization. Strengthening of girls in today's tough world with personality development and Nirbhaya nari program (Self-Defense Training).

5. Evidence of Success

- Evidence of success of the above best practice is reflected in the better performance of girls and females in their life.

List of activities for Strengthening Women's:

Sr. No.	Program name 2022-23	Number of Females got benefited
1	Day Care Facility: Girls Hostel	270
2	Anti-Ragging Committee	350
3	Vishakha Committee for prevention of Sexual Harasament	350
4	Counseling of Girls by SWC	104
5	School Health Checkup of Girls	102
6	Free Women's Health Camp	114
7	Menstrual Hygiene Awareness Program	50
8	Scholarship for Girls	07
9	Gender Equity Programs	150
10	Women's Day Program	89
11	Cancer Awareness Program of Women's	114
12	Distribution of Sanitary Pads to Females	75
13	Adaptive village support to Females Uswad	21
14	Swachata Abhiyaan (Cleanliness Campaign)	58
15	Personality Development Program	30

16	Yoga and Meditation for Females	150
17	Manas App and Helpline no. for mental support and prevention of Suicide in medical students	350

6. Problems Encountered and Resources Required

Problems encountered:

Time available to provide services in villages is less.

Acceptability of Females in villages with orthodox mindset becomes slight obstruction.




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 Centre, Chandwad, Dist. Nashik

SNJB's SMT K. B. ABAD HOMOEOPATHIC COLLEGE, &
SHREE. R. P. CHORDIYA HOSPITAL, NEMINAGAR, CHANDWAD

Programs conducted by NSS Unit in 2022-23

SR. NO.	EVENT	DATES	No. of Students Participated
1	World Health Day	07/04/22	76
2	MUHS Vardhapan Din 2022 Flag Hosting & Tree Plantation	10/06/22	104
3	International Yoga Week:2022	14/06/22 to 21/06/22	70
4	Tree Plantation: Vanmahotsav	01/07/22 to 06/07/22	75
5	Blood Donation Camp	07/07/2022	50
6	Swachata Abhiyaan	16/08/22 to 02/09/22	65
7	Independence Day	15/08/22	100
8	Maha-Avayavdaan Abhiyan 2022	25/08/22 to 06/09/22	65
9			
10	NSS day 2022	24/09/22	100
11	International Ahinsa Diwas	02/10/22	90
12	Covid Vaccination Awareness	14/10/22	50

	Program: Workshop		
13	Sardar Vallabhbhai Patel Jayanti- Rashtriya Ekta Diwas	31/10/22	62
14	Communal Harmony Week	19/11/22 to 26/11/22	157
15	Bhartiya Samvidhan Diwas	26/11/22	60
16	World AIDS Day	01/12/22	63
17	Youth Day	12/01/23	55
18	Republic Day	26/01/23	266
19	International Women's Day 2023	08/03/23	89
20	International Women's Day: Cancer Awareness Camp	14/03/22	114
21	World Tuberculosis Day:2023	24/03/23	115
	Special Camp Activity		
1	NSS special Camp: Soni Sangvi	12/03/23 to 28/03/23	50

Dr. A.P. Jagtap
NSS Program Officer
Smt. K. B. Abhi Hemopatthia
Medical College & Smt. P. P. Chordiya
Hospital, Chandwad, Dist. Nashik

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Neminagar, Chandwad, Dist- Nashik 423101

NOTICE

Date : **14.6.2022**

No. 16

All the UG & PG Students are hereby informed that, as per the instructions from Directorate of AYUSH, Mumbai & MUHS, Nashik , on the occasion of **8th International Day of Yoga**, we have arranged **poster & essay competition** on 15th June & 16th June 2022. All interested participants should give their names to Dr. Kanchan More before 3:00pm today.

Theme for Poster competition :	YOGA -A WAY TO TACKLE MENTAL POLLUTION
Date :	15.06.2022
Time :	9:30-10:30am
Topic for Essay competition :	"YOGA IS THE FOUNDATION TOWARDS THE HEALTHY MIND, BODY AND SOUL"
Date :	16.06.2022
Time :	9:30-10:30am

Word limit- 500 words

Venue – Recreation Room, 2nd floor

Note –

- 1) All the required materials for the competition should be brought by students.
- 2) Chart size for poster competition – 55"x70"cm
- 3) Participants kindly take permission from their respective subject teachers.



COORDINATOR
STUDENT WELFARE COMMITTEE



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(M.S.)



Date: 15/09/2022

Event Report

Academic Year: 2022-23

Name of Event: NSS Day Program 2022

Date and Time	<u>24/09/2022, 9am to 4pm</u>
Venue	<u>College Campus</u>
Organized by	<u>NSS Unit</u>
Targeted Audience	<u>All Students</u>
Resource Person	<u>Dr. A. D. Dahvel, Dr. M. H. Parewal,</u>

Event Contents:

1. Inauguration.
2. Gender sensitization
3. Accident Prevention
4. Deaddiction
5. Role of NSS in Nation Building.

Details of the event:

Different activities planned in NSS
day 2022. Gender sensitization skills and
lecture organized by gender equity.

Accident Prevention skill & program
organized.

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Research Centre, Neminagar, Chandwad

NOTICE

No. 4)

08/07/2022

All the I to IV BHMS girl students are informed that we have planned to do the screening blood test to identify Iron deficiency anemia in girls of our Institute as per following schedule. So kindly note the same and voluntarily enroll for the blood test.

Sr. no.	Course	Date	Batch	Time
1	I BHMS	13/7/22 14/7/22	C Batch	3.15 pm onwards
2		12/7/22	A batch	3.15 pm onwards
3		13/7/22	B batch	3.15 pm onwards
4	II BHMS	14/7/22	C Batch	3.15 pm onwards
5		15/7/22	A batch	3.15 pm onwards
6		16/7/22	B batch	3.15 pm onwards
7	III BHMS	13/7/22	A batch	2.15 pm onwards
8	IV BHMS	14/7/22	B batch	11.30 am onwards
		15/7/22	C Batch	11.30 am onwards
		16/7/22	A batch	11.30 am onwards

Collection center – In respective place of class/ clinics



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SNJB's

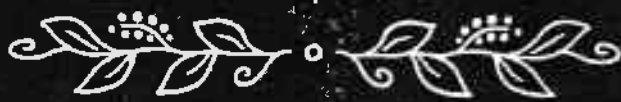
Smt. K.B.A Hom. Med. College, Shri.R.P.Chordiya Hospital & Bhamasha Shri V.D. Mehata
(Dev-Vijay) P.G. Institute of Homoeopathy & Research Centre, Neminagar, Chandwad

Department of Practice of Medicine

Invites you all to attend



**Programme On
Mental Health Awareness**


#WorldMentalHealthWeek



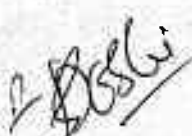
WEDNESDAY, OCTOBER 12 2022



A.V Hall



2:15 Pm onwards


Dr. A.O. Dahad

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Dr. N.V. Dhawankar
(HOD, Practice of Medicine)

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Institute of Homoeopathy
& Research Centre, Neminagar, Chandwad

On the occasion of

**"WORLD MENTAL HEALTH DAY- 2022"**

Department of Practice Of Medicine
has organised



POSTER PRESENTATION COMPETITION

**THEME - "MENTAL HEALTH & WELL BEING - A GLOBAL
PRIORITY"**

Date - 10th October 2022
Venue - Medicine Seminar Hall
Timing - 3:15pm TO 4:15 pm



Principal
PRINCIPAL
Smt. K.B. Abad Homoeopathic Medical College & Research Centre

43

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NOTICE

No. 142

Date: 18/11/2022

All BHMS students are hereby informed that, we are celebrating **Communal Harmony Week** from 19th to 25th November, 2022. So on this occasion following programmes are scheduled.

Date	Programme	Time	Venue
19-11-2022	Communal Harmony Pledge	09.00 - 04.00 pm	Lecture Hall
20-11-2022	Social media awareness	All Day	--
21-11-2022	Essay competition Theme – National Integration (Less than 1000 words)	01.00 - 02.00 pm	Community Medicine Department
22-11-2022	Social media awareness	All Day	--
23-11-2022	Painting Competition Theme – Peace & Harmony	01.00 - 03.00 pm	College campus - Reading Hall
24-11-2022	Social media awareness	All Day	--
25-11-2022	Flag Day	09.00 - 04.00 pm	College campus


Dr. A.P. Jagtap
NSS PROG. OFFICER


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NEMINAGARCHANDWAD, (NASHIK)
SCHEDULE FOR MONDAY (05/09/2022)**

	9:30 – 10:30	10:30 – 11:30	11:30 – 12:30
I BHMS	PHYSIOLOGY Siddesh Gangurde	ANATOMY Shrusti Jagtap	PHYSIOLOGY Marwah Khan
II BHMS	HMM Akash Chhajed	Pathology Sonal Tripathi	Forensic Medicine Tejal Jain
III BHMS	HMM Rucha Sonawane	Organon Richa Nanavaty	PSM Harshvardhan C
IV BHMS	Medicine Tanaya Khairnar	ORGANON Sneha Patil	Medicine Swati Sharma

NOTE: ATTENDENCE IS MANDATORY

HAPPY TEACHER'S DAY 2K22



[Signature]
Principal
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Hospital & Dispensary, Smt. K. B. Abad
Homoeopathic Medical College
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राष्ट्रीय एकता दिवस शपथ

मैं सत्यनिष्ठा से शपथ लेता हूँ कि मैं राष्ट्र की एकता, अखंडता और सुरक्षा को बनाए रखने के लिए स्वयं को समर्पित करूँगा और अपने देशवासियों के बीच यह संदेश फैलाने का भी भरसक प्रयत्न करूँगा। मैं यह शपथ अपने देश की एकता की भावना से ले रहा हूँ जिसे सरदार वल्लभभाई पटेल की दूरदर्शिता एवं कार्यों द्वारा संभव बनाया जा सका। मैं अपने देश की आंतरिक सुरक्षा सुनिश्चित करने के लिए अपना योगदान करने का भी सत्यनिष्ठा से संकल्प करता हूँ।

RASHTRIYA EKTA DIWAS PLEDGE

I solemnly pledge that I dedicate myself to preserve the unity, integrity and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my country.



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(M.S.)



ESTD - 1928

Date: 14/10/2020

Event Report

Academic Year: 2022-23

Name of Event: family & Nutritional Survey - Adaptive Village Uswad.
* field visit

Date and Time	13/10/20, 9-12 noon
Venue	Uswad
Organized by	Community Medicine
Targeted Audience	People of Uswad
Resource Person	Dr. A. D. Dahad & Dr. A. J. Jangar

Event Contents:

1. Visit to Uswad
2. family & Nutritional Survey by 1st & 2nd students.
3. Guidance in School by Dr. A. D. Dahad
4. Lecture by Dr. A. J. Jangar

Details of the event:

Dr. Students & Staff went to Uswad
for family survey. Divided students in different
groups. family & family (DHS) & Nutritional Survey
given to them. Guided about survey, survey sheet
family done at doorstep.

latent to school, where Dr A.O. Dalvekar
guided students about Nutritional needs of
children. Dr. A.P. Jagtap gave lecture to girls
for special nutritional need in growing age
and use of home remedies for minor ailments.

Total = 40 families screened. Those
suffering from minor illness & nutritional deficiency
like Anaemia & vit. deficiency when given
appropriate treatment by giving medicines,
supplements & Hom. medicines.


Dr A.P. Jagtap





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★ 1. Devendra pratik Bhidkar

age - 8

C - Difficulty in swallowing, fever

∴ 2 days

Rx - Nat sulph

2. Shivrajamol Pawar

age - 8

C - Difficulty in swallowing, speaking

∴ 5 days

Rx - Nat sulph

3. Saiyam Ravindra Pawar

age - 8

C - Difficulty in swallowing

∴ 2-3 days

Rx - Nat sulph

4. Ayush Samadhan Somavanshi

age - 8

C - Iron deficiency

Treatment -
ferrous phos

5. Aditya Khanderao Vetal

age - 8

C - Pain in joints

Rx - Calcera phos

6. Sarthak Shinde

age - 8

C - Headache

Rx Nat sulph.

7. Pranav Shinde

C - White spots
on face

Rx
Calcera phos

13/10/2022 - Thursday

Nutritional Survey 4th B

Awareness 2

Date

नाव	सि	Advicem
① साधना रोहिदास बटा	Anaemic Ulcer on tongue	Ferrum Phos.
② शानेश्वरी किशोर पवार	Breathlessness	Nat Phos
③ स्वामी आळगा शिंदे	Pains in both legs.	Calc Phos.
④ आशाया सुरभिान शेताळे	Pain in legs	Calc Phos.
⑤ प्रदुधा दलू गायकवाड	Pain in legs	Calc Phos.
⑥ नितेश केदू पवार	Anaemic white patches on face	Ferrum Phos
⑦ अक्षेश कौमिक गायकवाड	Pain in abdomen	Nat. Phos.
⑧ राश गायकवाड	Pain in chest	Nat Phos Calc Phos
⑨ आर्षक विठोबा सोमवो	Back pain	Calc. Phos
⑩ वेद्य बाबाजी बिडकर	Pain in abdomen.	Nat Phos
⑪ मयेश विजय खरान	Pain in legs	Calc Phos.
⑫ प्रसाद शानेश्वर शिंदे	Pain in abdomen	Nat Phos
⑬ वेद्यांत सोमनाथ गायकवाड	Pain in hands	Calc Phos
⑭ कृष्णा एकनाथ पारधे	Aaemic	Ferrum Phos

School Health Screening - Primary

13/10/22

Uswad Visit (School)

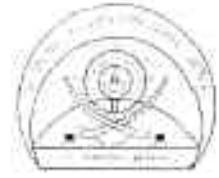
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Date

①	Ishwari Beedkar	5 yrs	Ferrum phos
②	Vaishnavi Pawar	5 yrs	Ferrum phos
③	Anushka Pawar	5 yrs	Ferrum Phos / CP
④	Sai Patav	5 yrs	Calcium Phos.
⑤	Siddhesh Pawar	5 yrs	Ferrum Phos.
⑥	Akshay Shinde	5 yrs	Calcium Phos / FP
⑦	Maheesh Suryawanshi	5 yrs	Ferrum Phos.
⑧	Swati Tadav	5 yrs	FP
⑨	Swati Batav	5 yrs	FP
⑩	Kranti Pawar	5 yrs	FP
⑪	Anushka Beedkar	5 yrs	FP
⑫	Girish Beedkar	5 yrs	FP
⑬	Vilas Pawar	5 yrs	FP
⑭	Arunav Pawar	5 yrs	FP
⑮	Dhananjay Pawar	5 yrs	CP
⑯		5 yrs	



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(M.S.)



ESTD - 1928

Date: 05/03/2023

Event Report

Academic Year: 2022-23

Name of Event: Cancer Screening & Awareness

Date and Time	04/03/23
Venue	Uswad-Adaptive Village
Organized by	Dept. of CM
Targeted Audience	People of Uswad
Resource Person	Dr. A. O. Dhanraj & Dr. A. P. Jagtap

Event Contents:

1. Inauguration
2. Cancer Awareness Rally
3. Stalls on Cancer
4. Lecture in School
5. Screening for Cancer in Adaptive Village

Details of the event:

Cancer Awareness Rally Started from Uswad
Primary School, inaugurated by Principal. Different
slogans prepared for cancer. Drama presented

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on cancer in Rural village. Lecture taken
for school children for awareness on cancer
and how to prevent bad habits. Screening of
cancer at doorstep to identify possible risk factors
of patients in village.


Dr. A. P. Jagtap
Event Coordinator


Dr. A. P. Jagtap
NCS Committee Coordinator

HOD of Department 

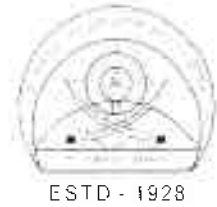




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(M.S.)



Date: 09/9/2023

Event Report

Academic Year: 2023-24

Name of Event: World Health Day - 2023

Date and Time	07/09/23
Venue	College & Online Activity
Organized by	Dept of CM & NSS Unit
Targeted Audience	All Students & General Public
Resource Person	Dr. A. P. Jangrap

Event Contents:

1. Digital Poster preparation
2. Social Media Awareness
3. Lecture on World Health Day &
4. Online Quiz

Details of the event:

All the students are asked to
prepare Digital poster on World Health Day,
Create awareness on various social media

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platforms. Lecture on world health Day by
Dr. A.P. Jagtap for Degr Students
And Online quiz for all Students
A public on Health.


Dr. Amit Jagtap
Event Coordinator


Dr. Jayashree Wankhade
SWC Committee Coordinator


Dr. A.P. Jagtap
HOD of Department CM




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NOTICE

No. 143

Date: 18/11/2022

All the Staff members are hereby informed that Donate fund for rehabilitation of orphan, through "COMMUNAL HARMONY CAMPAIGN" by purchasing flag sticker From Smt. N. S. Bhole on or before 24th Nov. 22 for National Foundation for Communal Harmony.


NSS Programme Officer


Principal

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Date: 27/11/2022

Event Report

Academic Year: 2022-23

Name of Event: Communal Harmony Week 2022

Date and Time	19 th - 25 th Nov. 2022.
Venue	College Campus,
Organized by	NSS Unit & Comm. Med. Dept.
Targeted Audience	Students & Gen. People
Resource Person	-

Event Contents:

1. Communal Harmony Pledge
2. Social Media Awareness
3. Essay Competition
4. Bunting Poster Competition
5. Flag Day & fund collection.

Details of the event:

1) Communal Harmony Week started with Pledge on Communal Harmony in every class. Sensitization about Communal Harmony done by Dr. Mrs. J.R. Surpanti.

SNJB

S.N.J.B'S
Smt. K. B. Abad Homoeopathic Medical College,
Shri R. P. Chordiya Hospital &
Bhamasha Shri V. D. Mehata, Dev-Vijay P. G.
Institute of Homoeopathy & Research Centre,
Neminagar, Chandwad, Dist - Nasik 423101
(M.S.)



4 Dr. Amit P. Jagrup

3) Social Media awareness for public done by spreading digital posters by students.

5) Essay & Painting competition organised on National Integration & Peace/Harmony theme.

4) Flag distribution & fund collection done, Rs. 9000/- collected sent.

Dr. A. P. Jagrup

Event Coordinator

Dr. Mrs. J. R. Surpawshi

JWC Committee Coordinator

Dr. A. P. Jagrup

HOD of Department C.M.



Principal

SNJB's Smt. K. B. Abad Homoeopathic
Medical College & Shri R. P. Chordiya Hospital,
Bhamasha Shri V. D. Mehata Dev-Vijay
P. G. Institute of Homoeopathy & Research Centre
Neminagar, CHANDWAD - 423101 (NASHIK)



ESTD- 1928

SNJB

**SMT. K. B. ABAD HOMOEOPATHIC MEDICAL COLLEGE,
SHRI. R. P. CHORDIYA HOSPITAL AND
BHAMASHAH SHRI. V. D. MEHTA, DEV-VIJAY
P. G. INSTITUTE OF HOMOEOPATHY & RESEARCH CENTRE**

NEMINAGAR, CHANDWAD- 423101 DIST- NASHIK, (M.S.)

*** Tel. (02556) 252544, 252041**

*** FAX (02556) 253282**

*** E-mail : kbahmc_nsk@rediffmail.com**

*** Visit us at <http://www.snjb.org>**

*** Recognised by Ministry of AYUSH & C.C.H., New Delhi and Affiliated to MUHS, Nashik ***

An ISO 9001 : 2008 Certified Institute

Jain Minority Institute

**Prof. Dr. A. O. Dahad
Principal**

Ref. No. SNJB/HOM/2022-23/NSS/

Accredited at B grade by NAAC

Date : 14-01-2023

To,

The Secretary,

National Foundation for Communal Harmony,

9th Floor, 'C' Wing, Lok Nayak Bhavan,

Khan Market,

NEW DELHI - 110 003.

**Sub.:- Observance of the Communal Harmony Campaign Week from 19th to
25th November 2022 and Flag Day on 25th November 2022 (Friday)
Materials regarding -**

Ref.:- Your Letter No.5/1/2022-NFCH, Dated 03rd October, 2022.

Respected Sir,

With reference to above cited subject herewith this letter we are sending the report of Communal Harmony programmes conducted during 19th to 25th November, 2022 & flag distribution fund of Rs. 9000.00 as Ch. No. 789509, Dated 09-01-2023.

Please accept the same & do the needful.

Encl : As Abvoe

Copy to :

The Dy. Director,
Student Welfare Department
Maharashtra University of Health Sciences,
Mahsarul, Dindori Road,
NASHIK

Your faithfully,

PRINCIPAL

SNJB's Smt. K. B. Abad Homoeopathic
Medical College & Shri. R. P. Chordiya Hospital,
Bhamashah Shri. V. D. Mehta Dev-Vijay
P. G. Institute of Homoeopathy & Research Centre
Neminagar, CHANDWAD - 423101 (NASHIK)



S.N.J.B'S
Smt. K. B. Abad Homoeopathic Medical College,
Shri R. P. Chordiya Hospital &
Bhamasha Shri V. D. Mehata, Dev-Vijay P. G.
Institute of Homoeopathy & Research Centre,
Neminagar, Chandwad, Dist - Nasik 423101
(M.S.)



ESTD - 1928

Date: 26/05/2023

Event Report

Academic Year: 2022-23

Name of Event: World Tuberculosis Day - Rally in Chandwad

Date and Time	24/03/23, 9:30 am
Venue	Chandwad
Organized by	NSS, CM & SWC along with Govt. Health Dept.
Targeted Audience	All people of Chandwad.
Resource Person	

Event Contents:

1. Inauguration of Rally
2. Rally from college to Chandwad & back.
3. Posters for TB awareness.
4. Slogans for TB awareness.

Details of the event:

World TB Day Rally organized by NSS unit & Govt. Health Department Chandwad for creating awareness about TB & its control. Inauguration of rally done by Principal Dr. A. D. Dahodkar from college gate. Rally started from college & went

through Chandwad city Route - College → Chavhanbur,
→ Chandwad Nagarpanichod → Saman Peth →
Bajatal, → Rural Hospital Chandwad and
back to college.


26/10/13
Dr. H. Jagtap



Homoeopathic SNJB's

SMT. K. B. ABAD HOMOEOPATHIC MEDICAL COLLEGE,
SHRI. R. P. CHORDIYA HOSPITAL & BHAMASHAH SHRI V. D. MEHATA,
DEV-VIJAY P. G. INSTITUTE OF HOM. & RESEARCH CENTRE
 Neminagar, Chandwad. 423101 Dist - Nashik (M.S)



OUT PATIENT DEPARTMENT REGISTER

Sr. No.	Reg. No.	F.R. No.	Dept.	Name of the Patient	Age Sex	Address	Remarks
(1)			med	Dashrath Thombare	M 42	Kaji Sangvi	Sulph 30 X3 days
(2)			med	Balasaheb Thakre	M 58	Kaji Sangvi	Nux Vom 4 200 BDX3 Plumbago 200 BD X 10 days
(3)			Med	Rangnath Thakre	M 48	Soni Sangvi	4 200 X 10 days 5L XBD
(4)			Med	Dadosaheb Thakre	M 59	Soni Sangvi	Nat M 30 4 pills
(5)			Med	Balasaheb Rangnath Thakre	M 60	Kaji Sangvi	Silicea 200 13 BX 2 D. Kali Sulph 6 day 2BD
(6)			Surgery	Bikinalabai Jagtap	F 63	Soni Sangvi	Nat. Op 200 X 3 days 5L X 10 days 7 days
(7)			Med	Sharad Thakre	M 50	Soni Sangvi	Arsenicum Rhododend 200
(8)			Med	Babashed Bhausaheb Thakre	M 75	Kaji Sangvi	Dulcamaria 200 nat sulph 4-4-4
(9)			Med	Ashvin laxman mali	M 10	Soni Sangvi	Dulcamaria 4 pills 10 days 2 day Kali mg 6 X 2 BD
(10)			Med	Prathamesh shinde	M 10	Soni Sangvi	Ars alb
(11)			Med	Motiram khadtale	M 67	Kaji Sangvi	Am. mon Belladonna 200 see 10c
(12)			Med	Bhika Namdev Sanawar	M	Kaji	Nat. mil



OUT PATIENT DEPARTMENT REGISTER

Reg. No.	F.R. No.	Dept.	Name of the Patient	Age Sex	Address	Remarks
			Vanita Sagar Shirale	40 F	Sonisargvi	
			Sunila Nirvoti Jagtap	40 F	Sonisargvi	
			Kavya Bhausaheb Thakre	7 F	Sonisargvi	
			Saleshi Ganesh Shirde	15 F	Sonisargvi	
			Dipmala Ganesh Thakre	27 F	Sonisargvi	
			Surekha Sapan Thakre	26 F	Sonisargvi	
			Aruna Nirvoti Thakre	50 F	Sonisargvi	
			Bharli Dadaabahu Pawar	35 F	Sonisargvi	
			Suman Savliram Jagtap	45 F	Sonisargvi	
			Ratna Santosh Thakre	35 F	Sonisargvi	
			Vidya Bhausaheb Thakre	12 F	Sonisargvi	
			Indubai Baburao Thakre	70 F	Sonisargvi	
			Teeta Thakre	40 F	Sonisargvi	
			Tejashri Bhausaheb Jagtap	8 F	Sonisargvi	
			Pooja Thakre	16 F	Sonisargvi	
			Gauri Pravin Thakre	12 F	Sonisargvi	



दि. ४ फेब्रुवारी २०२३

संमिश्र

जागतिक कर्करोग दिन • उसवाडला विद्यार्थ्यांचे पथनाट्यातून प्रबोधन

‘होमिओपॅथिक’च्या विद्यार्थ्यांची रॅलीतून कर्करोगाबाबत जनजागृती

प्रतिनिधी | चांदवड

येथील श्रीमती के. बी. आबड होमिओपॅथिक वैद्यकीय महाविद्यालय व रुग्णालयाच्या वतीने ४ फेब्रुवारी जागतिक कर्करोग दिनानिमित्त शनिवारी (दि. ४) तालुक्यातील उसवाड येथे जागतिक कर्करोग दिनानिमित्त तोडाचा व स्तनाचा कर्करोग जनजागृती कार्यक्रम घेण्यात आला. यानिमित्त विविध उपक्रमांद्वारे जनजागृती करण्यात आली.

एसएनजेबी संस्थेच्या विश्वस्त मंडळाचे अध्यक्ष बेबीलाल संचेती, प्रबंध समितीचे अध्यक्ष अजितकुमार सुराणा, महाविद्यालयाचे समन्वयक डॉ. सुनीलकुमार बागरेचा, विश्वस्त नंदकिशोर ब्रम्हेचा, समन्वयक सुमतीलाल सुराणा यांच्या मार्गदर्शनाखाली एनएसएस एकक व कम्युनिटी औषध विभागाच्या वतीने हा उपक्रम राबविण्यात आला. या उपक्रमात प्राथमिक शाळेच्या विद्यार्थ्यांसह उसवाड गावात रॅली आयोजित करून जनजागृती



चांदवड येथील होमिओपॅथिक महाविद्यालयाच्या वतीने उसवाड येथे काढण्यात आलेल्या जनजागृती रॅलीत सहभागी प्राचार्य, राष्ट्रीय सेवा योजनेचे अधिकारी व विद्यार्थी.

करण्यात आली. यावेळी विद्यार्थ्यांनी पथनाट्य सादर केले. तसेच विद्यार्थ्यांमध्ये तंबाखू आणि तोडाच्या कर्करोगाबाबत गट चर्चा घेण्यात आली. स्वयंसेवकांनी डिजिटल पोस्टर निर्मिती करून सोशल मीडियाद्वारे जनजागृती केली. कॅन्सर लवकर ओळखण्यासाठी विद्यार्थिनी आणि समाजातील महिलांमध्ये रक्ताः स्तन तपासणीबाबत माहिती देण्यात आली. यावेळी प्राचार्य डॉ. अजय दहाड यांनी

विद्यार्थ्यांना व ग्रामस्थांना तंबाखू व मद्यपान हेच कर्करोगाचे मुख्य कारण असल्याचे सांगितले. यादरम्यान प्राथमिक शाळा उसवाड येथील विद्यार्थ्यांना विस्कट्स वाटप करण्यात आले. कार्यक्रमासाठी उसवाड प्राथमिक शाळेच्या मुख्याध्यापिका सोनवणे यांचे सहकार्य केले. कार्यक्रमास राष्ट्रीय सेवा योजना अधिकारी डॉ. अमित जगलाप, डॉ. ए. एस. पारीक, डॉ. एस. पी. त्रिपाठी व ग्रामस्थ उपस्थित होते.

तळेगातरोहीत शाकराणा



(Signature)

PRINCIPAL

SNJB & Smt. K. B. Abad Homoeopathic Medical College & Shri R. P. Chordiya

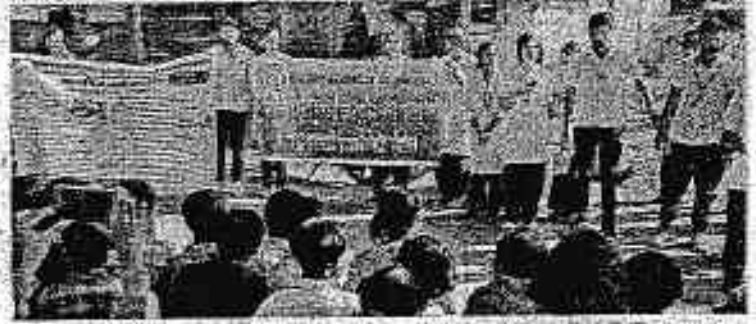
Hospital & Bhamboshah Smt. V. D. Mohan (Chandwad)
P. O. Institute of Homoeopathy & Research
Centre, Chandwad, Dist. Nashik

चांदवड होमिओपॅथिक महाविद्यालयाची उसवाडला कर्करोग जनजागृती रॅली

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लोकमत न्यूज नेटवर्क
चांदवड : जागतिक कर्करोग
दिनानिमित्त येथील होमिओपॅथिक
महाविद्यालयाची गावातून 'कर्करोग
जनजागृती रॅली' काढण्यात आली.

एनएसएस एकक आणि कम्युनिटी
औषध विभागातर्फे उसवाड येथे
जागतिक कर्करोग दिनानिमित्त तोंडाचा
व स्तनांचा कर्करोग जनजागृती
कार्यक्रम घेण्यात आला. या उपक्रमात
प्राथमिक शाळेच्या विद्यार्थ्यांसह
उसवाड गावात रॅली आयोजित करून
जनजागृती करण्यात आली. यावेळी
विद्यार्थ्यांनी पथनाट्य सादर केले. तसेच
विद्यार्थ्यांमध्ये तंबाखू आणि तोंडाच्या
कर्करोगाबाबत गटवर्चा घेण्यात आली.
कॅन्सर लवकर ओळखण्यासाठी
विद्यार्थिनी आणि समाजातील
महिलांमध्ये स्वतः स्तनतपासणीबाबत
माहिती देण्यात आली.



चांदवड होमिओपॅथिक महाविद्यालयाच्या जागतिक कर्करोग दिनानिमित्त
कर्करोग जनजागृती रॅलीत प्रबोधन करताना विद्यार्थी व विद्यार्थिनी.

प्राचार्य डॉ. ए. ओ. इहाड यांनी
विद्यार्थ्यांना व गावकऱ्यांना तंबाखू व
मद्यपान हेच कर्करोगाचे मुख्य कारण
असल्याचे सांगितले. या दरम्यान
प्राथमिक शाळा, उसवाड येथील
विद्यार्थ्यांना विस्कटाचे वाटप
करण्यात आले. या कार्यक्रमासाठी
प्राथमिक शाळा, उसवाड
मुख्याध्यापिका सोनवणे यांचे सहकार्य

लाभले. डॉ. अमित जगदाप, डॉ. ए. एस.
पारीक, डॉ. एस. पी. त्रिपाठी, तसेच
ग्रामस्थ उपस्थित होते. आंबड
होमिओपॅथिक वैद्यकीय महाविद्यालय
वरुणालय, विश्वस्त मंडळाचे अध्यक्ष
बेबीलाल संचेती, अजितकुमार सुराणा,
डॉ. सुनीलकुमार बागरेचा, विश्वस्त
नंदकिशोर ब्रह्मोचा, सुमतीलाल सुराणा
यांचे मार्गदर्शन लाभले.

लोकमत २४/२०२३ फेब्रुवारी



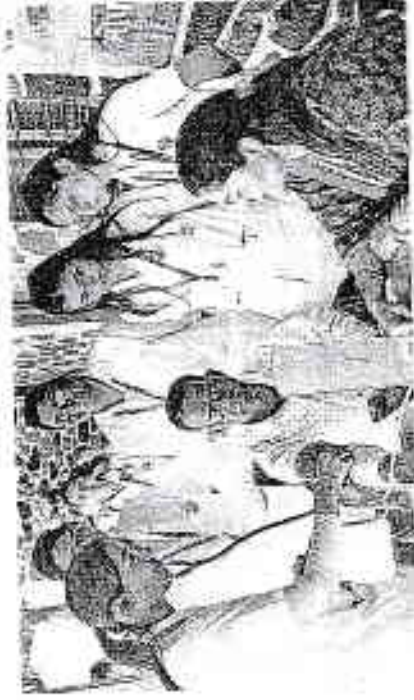
[Signature]
PRINCIPAL
Smt. R. B. Abad Homoeopathic
College, Chhandwad, Nashik
Dist. Nashik, Maharashtra
Pin - 422 001

सोनीसांगवी येथे शिबिरात समाजोपयोगी उपक्रम

चांदवड होमिओपॅथिक
महाविद्यालयाचे शिबिर

प्रतिनिधी । चांदवड

येथील श्रीमती के. बी. आबड होमिओपॅथिक वैद्यकीय महाविद्यालय व रुग्णालयाच्या वतीने दि. १३ ते १८ मार्च या कालावधीत सोनीसांगवी येथे विशेष शिबिर पार पडले. या शिबिरात राष्ट्रीय सेवा योजनेच्या वतीने विविध समाजोपयोगी उपक्रम राबविण्यात आले. संस्थेच्या विद्यार्थ्यांचे अध्यक्ष बेबीलाल संचेती, प्रबंध समितीचे अध्यक्ष अजितकुमार सुराणा, सगन्वक डॉ. सुनीलकुमार बागरेचा, विषय



नर्दकेशोर अम्बेचा, समन्वयक सुमतीलाल सुराणा यांच्या मार्गदर्शनाखाली एनएसएस एक्क किमगाने या विशेष शिबिराचे आयोजन केले होते. या शिबिरात होमिओपॅथिक शिबिर, तंत्ररोग तपासणी, स्त्री रोग करून जनजागृती करण्यात आली.

विद्यार्थ्यांनी व्यसनमुक्ती, अवयवदान, स्त्री-पुरुष समानता व पर्यावरण संवर्धन याविषये प्रथमाट्टा सार केले. विद्यार्थ्यांमध्ये तबाखू आणि तोडाच्या कर्करोगाबाबत मोखक आरोग्याबद्दल जनजागृती करण्यात आली. स्वयंसेवकांनी स्वच्छता अभियान राबवून जनजागृती केली. घरोघरी जाऊन विद्यार्थ्यांनी कुटुंब सर्वेक्षण केले. प्राचार्य डॉ. अजय दहाड यांनी विद्यार्थी व ग्रामस्थांना आरोग्य धनसंपदा असल्याचा संदेश दिला. यावेळी ग्रामपंचायत सदस्य व शिक्षक प्रवीण ठाकरे यांनी विद्यार्थ्यांना स्पर्शित भूमिका काढाय सादर करून समाजसेवेचा संदेश दिला.

दिनांक २०/०३/२३

NSS News



S.N.J.B'S
Smt. K. B. Abad Homoeopathic Medical College,
Shri R. P. Chordiya Hospital &
Bhamasha Shri V. D. Mehata, Dev-Vijay P. G.
Institute of Homoeopathy & Research Centre,
Neminagar, Chandwad, Dist - Nasik 423101
(M.S.)



ESTD - 1928

Date: 08/03/2023

Event Report

Academic Year: 2022-23

Name of Event: International Women's Day

Date and Time	08/03/23, 2:5 pm
Venue	AV Hall
Organized by	SWC & NSS unit.
Targeted Audience	All Students & Community
Resource Person	Dr. Mrs. J.R. Suryawanshi, Dr. S.N. Doshi.

Event Contents:

1. Introduction
2. Strengthening of Women by Dr. S.N. Doshi
3. Gender Equity in Society by Dr. J.R. Suryawanshi
4. Felicitation of women at college.

Details of the event:

International Women's Day program
Started with lighting lamp. followed by
session on Strengthening of women by
Dr. S.N. Doshi. Then session on Gender
Equity taken by Dr. J.R. Suryawanshi.

This is followed by felicitation of
women's & girls of college.

Dr.

Dr. A. P. Jagtap

N.S.S. P.O.



[Signature]

PRINCIPAL

SNJB's Smt. K. B. Abad Homoeopathic
Medical College & Shri R. P. Chordia
Hospital & Bhambhani Shri V. D. Mehta Dev-Vijay
P. G. Institute of Homoeopathy & Research
Centre, Chandwad, Dist. Nashik



S.N.J.B'S
Smt. K. B. Abad Homoeopathic Medical College,
Shri R. P. Chordiya Hospital &
Bhamasha Shri V. D. Mehata, Dev-Vijay P. G.
Institute of Homoeopathy & Research Centre,
Neminagar, Chandwad, Dist - Nasik 423101
(M.S.)



Date: 25/08/2022

Event Report

Academic Year: 2022-23

Name of Event: Cancer Awareness ^{Screening} Camp.

Date and Time	25/08/22
Venue	R.P. Chordiya Hospital
Organized by	HMM, CM, OB/Gyn Dept Hospital.
Targeted Audience	All women in community
Resource Person	Dr. Kavita Manoj Dr. Ranjeet Mehta

Event Contents:

1. Introduction
2. free checkup of women
3. Cancer screening by JB Exam & pap smear test.
4. Pamphlet distribution & prevention schedule for community by C.M. Students & Dr.

Details of the event:

Cancer Awareness & Screening camp conducted on 25/08/22 in R.P. Chordiya Hospital. Three Gynaecologist conducted the checkup of all women in camp i.e. 114 women. All the women were guided for self breast examination technique. free pap smear screening is done.

Pamphlets regarding early detection & prevention of Breast & Cervical cancer done by IYR Community Medicine Students.

Dr. A. B. Jangar

Dr. A. B. Jangar

M.S. - P. O.

HEAD Dept of CM

Dr. A. B. Jangar

PRINCIPAL

SNJB's Smt. K. B. Abad Homoeopathic
Medical College & Shri R. P. Chordiya
Hospital & Bhambhani Shri V. D. Nishete Deshpande
R. G. Institute of Homoeopathy & Research
Centre, Chandwad, Dist. Nashik



स्तन कैंसर

खतरे के कारण

- स्तन कैंसर का पारिवारिक इतिहास।
- स्तन रोग का निजी इतिहास।
- 40 वर्ष से अधिक आयु।
- माहवारी का जल्दी आरम्भ होना (10 वर्ष की आयु से पूर्व)।
- देर से रजोनिवृत्ति (55 वर्ष की आयु के पश्चात्)।
- देर से बच्चों का जन्म, कोई बच्चा न होना।
- बिना डॉक्टर की सलाह के गर्भनिरोधक गोलीयों का लम्बे समय तक प्रयोग।
- अपर्याप्त स्तनपान।
- रजोनिवृत्ति के दौरान हार्मोन उपचार का होना।
- मोटापा।
- धूम्रपान/तम्बाकू का सेवन।



सामान्य स्तन



स्तन में असामान्य परिवर्तन

चिन्ह तथा लक्षण

स्तन अथवा बगल में सूजन या ठोस गांठ का होना।

स्तनाग्र के रंग अथवा त्वचा में परिवर्तन जैसे लवचा में गड़ढ़े पड़ना, सिकुड़न या सिलबटे पड़ना।

स्तनाग्र का मुड़ा हुआ होना अथवा अन्दर की ओर खिंचा होना।

रक्ता अथवा स्तनाग्र निस्सरण।

स्तन के आकार या नाप में परिवर्तन।

जखर करे

- 20 वर्ष की आयु से ही प्रतिमाह स्वयं स्तन का परीक्षण करें।
- 20-39 वर्ष की आयु की महिलाएं प्रत्येक तीन वर्ष में डॉक्टर द्वारा स्तन परीक्षण कराएं तथा 40 वर्ष से अधिक आयु की महिलाएं यह परीक्षण प्रतिवर्ष कराएं।
- यदि आपके स्तन में कोई असामान्य परिवर्तन है तो शीघ्र ही डॉक्टर से सलाह लें।
- जब तक आप का शिशु लगभग दो साल का नहीं हो जाता स्तनपान करना जारी रखें।
- रजोनिवृत्ति के बाद हार्मोन उपचार न कराएं।
- अपना सही वजन बनाए रखें।
- किसी भी प्रकार के तम्बाकू उत्पाद का प्रयोग न करें।

SNJB's

SMT. K. B. ABAD HOM. MEDICAL COLLEGE & BHAMASHA SHRI. V. D. MEHATA POST GRADUATE INSTITUTE OF HOMOEOPATHIC & RESEARCH CENTRE'S

SHRI. R. P. CHORDIYA HOSPITAL, CHANDWAD

सर्वाङ्कल कैंसर

ह्यूमन पेपिलोमा वायरस (एच.पी.वी.)
द्वारा संक्रमण
+

खतरे के कारण

- 18 वर्ष की आयु से पूर्व समोग करना।
- एक से अधिक लोगों के साथ यौन संबंध।
- यौन रोगों का व्यक्तिगत इतिहास।
- कई गर्भधारण।
- बिना डॉक्टर की सलाह के गर्भनिरोधक गोतियों का लम्बे समय तक प्रयोग।
- कमजोर प्रतिरक्षा प्रणाली।
- धूमपान/तम्बाकू का सेवन।



महिला प्रजनन प्रणाली
में सामान्य सरविकस



सरविकस में असामान्य परिवर्तन

चिन्ह तथा लक्षण

- समोग के दौरान रक्तस्राव होना।
- दो माहवारियों के बीच में अघातक रक्तस्राव होना।
- महिलाओं में रजोनिवृत्ति के उपरांत रक्तस्राव होना।

जरूर करें

- यदि आप ऊपर दिये किसी भी लक्षण को अनुभव करें तो शीघ्र ही डॉक्टर से सलाह लें।
- सभी विवाहित अथवा यौन सक्रिय महिलाओं तथा प्रोड महिलाओं को नियमित रूप से वीआईए (विजुअल इन्स्पेक्शन विद एसिटिक एसिड) या पैप स्मियर टेस्ट के द्वारा जाँच करानी चाहिए।
- सही जननांग स्वच्छता बनाए रखें।
- युवा अवस्था में यौन सम्बन्ध रखने से बचें।
- एक से अधिक लोगों के साथ यौन सम्बन्ध न रखें।
- यौन प्रसारित बीमारियों से स्वयं को बचाएँ।
- किसी भी प्रकार के तम्बाकू उत्पाद का प्रयोग न करें।
- 9 से 25 वर्ष की आयु में एच.पी.वी. टीकाकरण करवा कर स्वयं को बचाएँ। अधिक सुरक्षा हेतु टीकाकरण किशोर अवस्था में यौन सक्रिय होने से पूर्व कराएँ। याद रखें कि टीकाकरण के पश्चात भी नियमित रूप से जाँच अवश्य कराएँ।



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Breast Cancer Awareness Activity

Sr. No.	Name of Patient	Age	Mob. No	Complaints	Sign.
①	Gangubai Parshuram Jadhav	65	7391976127	Pain in left side of chest : 8 yrs Removal of left side of breast (cancerous cause)	श्री. ग.
②	Sandhya Vilas Khairnar	50	9780930241	Excessive heavy bleeding during menses : 1-2 yrs lump removal 6 mths ago.	S.V. Kh.
③	Lalita Kailas Baidar	55	8975896802	Pain in lower back : 15 days	म. वि. न.
④	Neeta Rajendra Kaliwal	57	9322423192	Black patches, Burning micturition frequent urination at night	Neeta Kaliwal
⑤	Bhikabai Ramesh- chand Buzana	65	9420002977	Hyperacidity with regurgitation with water brash : 5-6 days	श्री. भ.
⑥	Kavita Kishan More	47	9975278108	Yellowish discharge foul smelling Involuntary urination	का. वि.
⑦	Swati Bhushan Dare	32	9730886561	No confirmation (Normal condition)	श्री. व.