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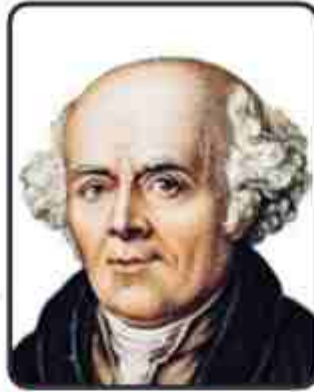
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Founder of Homoeopathy



Dr. Samuel Hahnemann

Founder of SNJB



**Karamveer Keshavlalji H. Abad
(Puja Kakaji)**

Our Inspiration



Smt. Kanchanbai B. Abad



Late Shri. R. P. Chordiya

VISION

To Promote Homoeopathy a Holistic Medical Science to beget Healthy Society.



MISSION

To nurture young aspirants into cultured, ethical ideal Homoeopathic Physicians by imparting quality Medical Education, serving the society, Nation and Humanity.



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Contents

1. Scope of Homoeopathy in Corona Virus Infection 03
 - Dr. Suryakant Gite
2. Efficacy of Homoeopathic Remedy Natrum Carb in the Treatment of Lichen Simplex Chronicus 08
 - Dr. Arpana S. Pareek, Dr. Sandeep N. Pareek
3. Comparative Study of Constitutional and Common Symptoms for Selection of Similimum in the Cases of Haemorrhoids in Rural Area 13
 - Dr. A. O. Dahad, Dr. Mrs. Swapna S. Thorat
4. Effects of Food Additives & Preservatives on Health 16
 - Dr. Amit P. Jagzap
5. Imponderabilia A Source of Homoeopathic Medicine 18
 - Dr. Priti P. Kapadni

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Editorial

Homoeopathy is science and art. It is science because it is based on scientific cardinal principles and its application is an art. These cardinal principles are the back bone of the homoeopathic practice. The physician who follows these principles gets name and fame in the society due to the results seen in patients. Since years together homoeopathic system is growing by leaps and bounds but on other hand it is being subject of many controversies due to lack of evidence-based researches.

In present situation, all the branches of medicine are becoming research driven. To prove scientific excellence of any system of medicine it is not enough to show that it is followed by many patients, it must also be well researched. Research conducted for the purpose of contributing towards science by the systematic collection, interpretation and evaluation of data and that, too, in a planned manner is called scientific research and the person who conduct it is called researcher.

There are many challenges faced by researcher to conduct researches in the homeopathy. Properly framed relevant research question, ethical approval, systematic and planned scientific research methodology are the key to face these challenges. Otherwise, a research, carried out after application of much effort, resources and time, might prove to be insignificant in terms of overall impact on the system. Review of literature is also helpful to avoid repetitions and to identify the gaps in researches. If at all a condition must be repeated, the aims and objectives should be made to differ from the previous researches on that condition, in order to point out the unexplored aspects of that condition in relation to homeopathic treatment. Thus, it is necessary to comprehend not only the methods of conducting standardized research studies, but also employing those in the right direction. Once the research is completed the most important step is to publish the research in peer reviewed journal. Publishing results and conclusions of evidence based scientific research; the effectivity of the homoeopathy can be revealed in scientific manner to the world of medical science.

This journal provides platform to publish research work of homoeopathic researchers. In this issue experimental control trial research paper on cases of haemorrhoids, case study of lichen simplex chronicus, homoeopathic management of different clinical condition like corona virus infection, holistic management of elderly and literature study on effects of additives and preservatives is presented.



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“Scope of Homoeopathy in Corona Virus Infection”

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Foster Development Homoeopathic Medical College & Hospital, Aurangabad.

Abstract:

Severe Acute Respiratory Syndrome caused by Coronavirus 2 (SARS CoV) is a new infectious disease that has quickly turned into a pandemic. Symptoms of COVID-19 range from self-limiting mild respiratory illness to severe progressive pneumonia, multiple organ failure and possible death. Despite numerous efforts and several clinical trials, to date there is no specific therapeutic drug to treat or cure coronavirus infection.

Keywords:

Covid-19, Corona virus, SARS, Homoeopathy and Repertory

Introduction:

Corona is a family of many viruses. COVID-19 also belongs to this family of coronaviruses. In the 1960s, scientists first discovered the human coronavirus, then known as SARS in 2002, MERS ten years later in 2012, and COVID-19 in 2019. It is a single-stranded RNA virus with a protein coat known as a capsid. On the surface, spikes of glycoprotein are known as corona spikes. The difference between MERS and COVID-19 is only one amino acid in the RNA structure. COVID-19 has one more amino acid than MERS. Coronaviruses are challenging because they grow in specific or only specific cells. Scientists hypothesize that the Corona virus first evolved in bats, then spread to humans via the SARS carrier - spread from bats to civets to humans; MERS-Bat to camel then humans and COVID-19-Bat to pangolin then humans.

Review of Literature:

Transmission of the corona virus to host:

The infection is transmitted through droplets that come out when sneezing, coughing or spitting. The droplets remain in the air for approximately 1 to 8 hours due to different molecular weights. When the host comes into contact with the carrier and the surfaces where the droplets have settled, the host can become infected if they enter the respiratory tract in any way. It can also be transmitted by the fecal-oral route.

This is why the WHO issued guidelines for social distancing, wearing masks, disinfection, quarantine, etc.

Pathophysiology:

The favorite place for the coronavirus is the human respiratory tract, and the most favorable place is the alveoli of the lungs. Alveoli are of two types - type-1 pneumocyte (for gas exchange) and type-2 pneumocyte (produces surfactant to maintain alveolar size). COVID-19 likes to live in type 2 pneumocytes because it has ACE-2 receptors. When corona infects the host, its (corona) glycoprotein peak engages ACE-2 receptors as well as ligands while inside the cell; some lysosomal activity begins as a result of stimulation of the inner side of the cell membrane. The RNA of the single-stranded virus eventually enters the cell just like phagocytosis. Now the RNA of the virus acts as mRNA in the cytoplasm. Ribosomes carry out translation and make different types of proteins. These polyproteins assemble in the cytoplasm to form the capsid and tips of the virus. In another mechanism, the viral RNA reaches an enzyme known as RNA-dependent RNA polymerase. They form many RNAs from a single RNA in the cytoplasm. These RNAs form a coat of fragmented polyprotein by translation in the ribosome, which leads to the creation of a new coronavirus inside the cytoplasm, which emerges from the type 2 pneumocyte by breaking its cell membrane. These viruses can infect other type 2 pneumocytes of the alveoli and from there the disease progresses rapidly. So now we know that the first effect is on the surfactant and then indirectly affects the second pneumocyte.

Second Phase

When these cells burst, they release some inflammatory mediators that invite macrophages to release - IL-1 (interleukin), IL-6, IL-7, TNF-Alpha, IP-10 and others. These mediators enter the blood from the alveolar space and act as vasodilators. Vasodilation causes blood to pool. In contrast,

vasodilatation of the alveolar capillaries results in increased permeability so that plasma can enter the interstitial spaces and accumulate, resulting in alveolar compression, allowing some fluid to enter the alveoli and cause alveolar edema that overwhelms the alveoli. Surfactant (which lowers the surface tension of the alveoli so they maintain their shape). Due to the increased surface tension, the alveoli collapse or shrink. The accumulation of fluid between the capillaries and the alveoli interrupts gas exchange on the alveolar membrane. It causes hypoxia and the patient has difficulty breathing normally. Simultaneously, during the inflammatory reaction, many neutrophils enter the alveolar space, which release reactive oxygen species and proteases. It destroys some viruses along with alveolar cells of type I pneumocytes, due to which gas exchange drastically reduces and further increases hypoxia. All the waste of the destroyed cells is collected in the alveolar cavity along with some proteins. This causes consolidation, which also changes gas exchange. The sputum is small and its color may vary depending on the secondary infection, which helps the homeopathic doctor to diagnose and choose the appropriate medicine. At the same time, the inflammatory mediators IL-1 and IL-6 reach the hypothalamus of the CNS and stimulate it to secrete prostaglandin (PG-2), which resets the thermostat and raises body temperature, which is known as fever.

Low partial pressure of oxygen → chemoreceptor → CNS stimulation → increases heart rate (tachycardia) + increases respiratory rate (change breathing pattern).

Prolonged inflammation causes septicemia → CVS- vasodilatation and increase in capillary permeability, accumulation of fluid in the extracellular space → reduced pressure on vessels (causing low BP or hypotension) → reduced cardiac output, which can lead to multiorgan failure.

Kidneys - increased creatinine & BUN;

Liver - releases inflammatory enzymes like SGOT/SGPT/BILIRUBIN/CRP/FIBRINOGEN/IL-6 which lead to lung fibrosis.

Symptoms of corona infection:

- The patient is Sneezing like influenza with malaise and fever with
- loss/alteration of taste or smell.
- loss/alteration of taste or smell. Roughness, scrapping or pain in the throat with difficulty in swallowing.
- Cough initially dry; followed by productive cough.
- Respiratory distress and cough with heaviness in the chest, pain in chest in.
- different postures and movements. Wheezing, rattling or crackling on auscultation.

- Severe Acute Respiratory Distress Syndrome
- Hypoxia or cyanosis and swelling of the body, high fever and hypotension and hypervolemia with enlargement of liver and spleen.
- At the end septicemia / cardiac / renal failure, or altogether present.

Preventive major:

There are two parts of the homeopathic approach, one is the prevention of disease, and the other is the probable cure. So for a proper result, we should follow the Organon, aphorism 150 and 262, 291. We do not advice or promote self-treatment. One should always and always consult a homeopathic expert and follow their government's directions without any ifs and buts. There is a possibility that there may be different medicines for different personalities because of their different behavioral patterns.

Scope of homeopathy in treating positive cases or suspected positive cases

How homeopathy can help in these cases –

- 1) By reducing the ACE-2 receptors.
- 2) By reducing the activity of RNA dependent RNA polymerase.
- 3) By lowering the lysosomal activity, so cell membrane could not express phagocytosis.
- 4) By lowering the ribosomal activity.
- 5) Increasing healing by the formation of new tissue, so new alveoli can replace the older ones
- 6) By expanding the surfactant.

Among these few are confirmed in clinical practice with lab diagnosis. There are certain medicines which have curative power at a particular point. As per aphorism -3 of Organon of medicine, the physician should know that what is therapeutic power of medicine and where it acts, e.g. Bryonia medicine is the best for increasing surfactant

For proper treatment, divide this disease into three stages

The first stage : it includes the primary infection in the patient or incubation period. The patient may have primary symptoms like sneezing, irritation in the nose, slight fever, irritation in the throat and loss of taste and smell, means it covers the nose, buccal cavity, throat and larynx.

The second stage: it includes symptoms like coughing, irritation in trachea and bronchioles. The coughs mostly dry, sometimes with slight expectoration. However, most of the time, this stage has fewer symptoms only. The area involved is from the larynx to bronchioles or bronchial trees. Mostly infection creates irritation, as virus stuck in the mucus membrane of respiratory tracts.

The third stage: it involves and damages the alveolus and secondary infection to other organs with septicemia and other emergencies. The significant symptoms are severe respiratory

distress syndrome, rattling and wheezing in chest, fibrosis of lungs, pneumonia, emphysema and atelectasis; here most of the time patient needs respiratory supporting apparatus like ventilators.

Causative factor -

in Aphorism 73, Dr. Hahnemann describes telluric and meteoric changes:

Homoeopathic management:

Aconite Nappalus

❖ **1st stage, hot+ thirsty + suddenness**

- **Pathology** : laryngitis, trachitis
- **Clinical** : sudden inflammation of lungs
- **Posture**: sitting upright and bending forward ameliorates, lying left side agg in first stage of pneumonitis.

forward ameliorates, lying left side agg in first stage of pneumonitis.

• **Breathing pattern:**

- Difficult inspiration through nose
- Inspiration in two jerks during sleep

• **Symptoms:**

- Sensation of cold air in mouth on tongue
- Croupy cough on expiration
- Fish like taste of expectoration
- Sensitive to pain

• **Mentals:**

- GREAT FEAR of death, during hemoptysis and pneumonia
- Predicts time of death

• **Others:**

- Difficult respiration and sighing during fever
- Headache with vertigo
- Fever with thirst for cold water
- Fever with one cheek red and hot other one is pale and cold.

Antimonium Arsenicum:

- Ant ars, a 3rd stage remedy.
- Respiratory problems accompanies with swelling /edema or pleural exudation. Swelling is more prominent on face.
- Sudden weakness due to hypoxia and weakness of heart.
- Complaints are aggravated by eating and lying down.
- X-ray shows emphysema.

Arsenicum Album:

❖ Medicine of all three (1, 2, 3) stages, (chilly +right side + thirsty + fastidiousness)

• **Pathology :**

- Coryza, catarrh, apex of right lung is mostly affected.

• **Golden check points:**

- **When patient raise his hands up there is vertigo**, therefore puts head on the table of physician
- **Posture :**
- **Difficult respiration better by sitting bending forward with pillow on the lap and head rest on hands, unable to lie down.**

• **Breathing pattern:**

- Expiration jerky and interrupted

• **Symptoms:**

- Mid-day and mid night agg
- Headache by pressure on abdomen better by cold application
- Thirsty for little quantity
- Head hot rest body is cold to touch
- Protruding tongue during suffocation
- Throat membrane wrinkled

• **Mentals:**

- Anger with respiratory difficulty
- Anguish constricted everything
- Mental restlessness with physical weakness

• **Others:**

Severe weakness, burning heat outside and cold inside, diarrhea after fever.

Belladonna:

First stage /mild chilly+ thirsty + redness

• **Pathology**

- Coryza, catarrh, tonsillitis

• **Golden checkpoints:**

- Slow and forceful speech with long pause, protruding tongue while coughing.

• **Posture :**

- Sitting with bending head forward

• **Breathing pattern:**

- Pause between expiration and inspiration. Constant swallowing

• **Symptoms :**

➤ Headache appears suddenly and disappears suddenly

- One cheek hot other cold
- Cough with protruding tongue

• **Mentals :**

- Attempt to escape from quarantine
- Spit on others
- Striking himself on abdomen and face or against wall
- Remove cloths
- Sensitive to noise specially own voice
- Angel when well, devil when sick

• **Others :**

- Pressure feels at cardiac region with respiratory trouble.
- Retention of urine, fever with delirium and headache.

• **Camphora Officialis:**

First and second stage remedy, SPASMODIC remedy, THIS is the only medicine for feeling of cold sensation.

• **Pathology :**

TRPM 8 RECEPTORS affections present on tongue, nasal mucosa, and skin and respiratory system; controlled by temporal lobe of the brain.

• **Clinical Symptoms :**

- Sensation of coldness in a buccal cavity on inspiration, the motion of left arm agg.

- Staring with fixed eyes.
- **Posture** : Wants to lie down bare on the ground
- **Breathing pattern**:
 - Rough inspiration,
 - Respiration accelerated while expiration is prolonged.
- **Symptoms** :
 - Coldness in throat, trachea, and larynx on breathing in as if one has eaten mint, coldness of parts.
 - Cough, cramp, diarrhea, high fever, flu, memory loss, anosmia
- **Mentals** :
 - Affections of geometrical analytical area, loss of judgment of thickness, length, height, volume.
 - Fear of death or admission in the hospital or being isolated.

Other Homoeopathic Medicines:

Gelsemium- Acts on the nervous system and causes varying degrees of motor paralysis. General prostration with muscular weakness. Dizziness, drowsiness, numbness and tremors are present along with slow pulse, feeling tired, mental apathy.

Complete relaxation and prostration of the entire muscular system with total motor paralysis. Desire to be quiet, to be left alone; does not wish to talk or be around anyone, even if the person is silent. Lack of muscle coordination; confused; the muscles refuse to obey the will. The heart is weak and the pulse is weak, soft and irregular. Palpitation occurs during a febrile state. Palpitation with weakness and irregular pulse. It is accompanied by extreme restlessness from impending suffocation.

Phosphoricum Acidum - "Weakening" is very prominent in this remedy and causes nervous exhaustion. First, mental weakness; later physical. He is apathetic, apathetic; indifferent to the affairs of life; defeated and overwhelmed with grief; to those things that used to be most interesting. A sick pine and withers. Weak and weak, withers in the face; night sweats; cold sweat on back; cold sweat on arms and hands more than on feet; cold extremities; weak circulation, weak heart; at the slightest provocation he gets cold and settles in the chest; dry, irritating cough; catarrhal conditions of the chest; tuberculosis; pallor with gradually increasing weakness and emaciation.

Arsenicum Album – includes exhaustion and restlessness, with nighttime aggravation, are most important. Great exhaustion after the slightest exertion. This, with the peculiar irritability of the fiber, gives the characteristic irritable weakness. There is a great prostration, with rapid decline of vital force, with mental restlessness, but physically too weak to move; he cannot rest in any place; he is constantly changing places; fear of death; he thinks that it is useless to take medicine, he is incurable, he will surely die. The surface of the body is pale, cold,

clammy, and sweating, and the appearance is cadaverous. Anxiety, restlessness, exhaustion, burning and dead smells are prominent characteristics.

Chelidonium Majus – an important remedy for the liver, covering many direct reflex symptoms of disease states of this organ. A certain indication is jaundice of the skin and especially constant pain under the lower angle of the right shoulder blade. Constant pain under the lower and inner angle of the right scapula. The patient is constipated with hard, round stools like sheep dung. Constipation and diarrhea may alternate. There is congestion and soreness in the liver with jaundice. Right-sided pneumonia, complicated by liver trouble or jaundice.

Antimonium Tartaricum- Through the pneumogastric nerve, it depresses respiration and circulation. Clinically, its therapeutic application was limited mainly to the treatment of respiratory diseases, the rattling of mucus with little expectoration was the leading symptom. There is much drowsiness, weakness and perspiration, when the patient coughs, there seems to be a large collection of mucus in the bronchi; seems like a lot of coughing but nothing coming. The face is covered with cold sweat and is cold and pale. In cases of pneumonia; when first coming down with a chill, it may be a very violent attack, such an attack as to induce an early prostration by its violence. Paroxysmal cough, with suffocating obstruction of respiration, dyspnoea, forced to sit up, dyspnoea from suppressed expectoration.

Baptisia - The symptoms of this remedy are of the asthenic type, simulating low fevers, septic conditions of the blood, malarial poisoning, and extreme loitering.

An indescribable sick feeling. Great muscular pains and putrefactive phenomena are always present. All secretions are offensive – breath, stool, urine, sweat, etc. Epidemic influenza. Chronic intestinal toxemia of children with fetid stools and belching. The patient has an aversion to mental exertion; indisposed or lacking the power to think. Perfect indifference; doing nothing, inability to fix mind to work. Stiffness occurs, the patient falls asleep during the call, confused, as if drunk. Unable to keep mind together, feeling wild wandering. This scattered feeling is further illustrated in the illusion that the body is double; limbs separate and talking to each other; he can't sleep because the body looks scattered and he can't pick up the pieces. There is a dull heavy feeling in the head with drowsiness and heavy lids.

Hydrocyanic acid - convulsions and paralysis are the main notes of the action of the drug. It acts on the medulla and via the vagus nerve on the heart and respiration. Breathing is irregular

and gasping. Heat is greatly disturbed, blueness and coldness of the surface, pulse weak, imperceptible. Breathing deep, frequent and violent. Anxiety breathing. Paralysis of the lungs. Violent contraction of diaphragm with sensation of suffocation. Chest pressure (first and second day). Pressure in the chest, which gradually spreads to the right side of the chest and turns into a pain that extends over the whole chest and makes breathing difficult (third day). Pressure and tightness in the chest (first day). Pressure pain in the chest.

Laurocerasus – dyspnoea with sensation as if the lungs were not sufficiently expanded or as if pressed against the spine. Spasmodic oppression of the chest. gasping, suffocating spells; grips the heart; palpitation. The cough is a dry, almost constant, irritating cough; throat and mouth are as if burned with a whistling sound. Cough with evening aggravation, severe spasms in the chest and rapid decline of vital forces.

Naja Tripudians- Restlessness and dull, severe pain in the chest. Lancinating pains, worse on deep inspiration. Asthmatic narrowing of the chest; cannot expand the lungs; followed by mucous expectoration. Pain in the left pectoral muscle in the morning. Suicidal insanity, constantly brooding over imaginary problems. Simple hypertrophy of the heart. For the restoration of the heart damaged by acute inflammation or for the relief of suffering from chronic hypertrophy and valvular lesions. Angina pains extending into neck, left shoulder and arm with anxiety and fear of death. Damaged heart after infectious diseases. Distinctive symptoms of low voltage.

Phosphorus – Hard, dry, tense cough with congestion of lungs. Sweet taste when coughing. Burning pains, heat and oppression of the chest. Strength across the chest with a lot of weight on the chest. Sharp stitches in chest; breathing accelerated, oppressed. Great heat in the chest. Pneumonia with oppression; it is worse lying on the left side. Whole body shaking, coughing. Violent palpitation of heart with anxiety, lying on left side. Pulse fast, small and soft. Heart enlarged, especially the right. A feeling of warmth in the heart. A feeling of fatigue in the chest. Congestion of chest with sensation of heat rising into throat. Anxiety about heart with nausea and strange hunger, somewhat > food, bothers even in bed.

Crotalus Horridus – action weak, pulse tremulous. Palpitation, especially during menstruation. Heart pounding feeling. Cough with expectoration of blood. Tickling from dry spot in larynx. Hoarseness with a weak, rough voice. Bruising pain from larynx to chest. Cough with stitch on left side and expectoration of blood. Excessive chest pressure. Burning in chest with heat in forehead. Pneumonia tending to gangrene. Lungs appear passive. Great pain in heart, across

across left shoulder blade and down left arm. Palpitation with aching pain in and around the heart; feeling as if the heart would collapse. Heart sensitive when lying on left side. Pulse barely noticeable. phlebitis; varicose veins; varicocele.

Carbo Vegetabilis- Cough with itching in larynx; spasmodic with retching and vomiting of mucus. Deep, gravelly voice, failing on slight exertion. Hoarseness; worse, evenings, talking; evening depression of breathing, sore and raw chest. Wheezing and rattling of mucus in chest. Occasional bouts of prolonged coughing. Cough with burning in chest; worse evening, outside, after eating and talking. Spasmodic cough, bluish face, aggressive coughing, neglected pneumonia. Cold breath; it must be fanned. Hémorrhage from the lungs. For the ill effects of debilitating diseases, whether young or old; cachetic persons whose vitality is weakened or exhausted. Persons who have never fully recovered from the debilitating effects of a previous illness. Diseases from the use of quinine. Bad effects of loss of vital fluids; bleeding from any disturbed condition of the mucous membranes. In the last stages of the disease, with profuse cold sweat, cold breath, cold tongue, loss of voice, this medicine can save life. Labored breathing and shortness of breath when walking. Wheezing and rattling of mucus in chest. Great difficulty breathing and chest tightness. They often want to gain deep inspiration. Shortness of breath, e.g. in the evening in bed. Compression and spasmodic tightness of the chest. The chest is tight, with a feeling of fullness and anxiety.

Arnica Montana- Face or head and face itself hot, body cool. Unconsciousness; when spoken to he answers correctly, but unconsciousness and delirium suddenly return. They say there is nothing wrong with him. Angina pectoris; pain especially severe in elbow of left arm. Stitches in the heart. Pulse weak and irregular. Cardiac dropsy with difficult dyspnoea. Thick heart and hypertrophy. Cough depending on heart lesion, paroxysmal, at night, in sleep, worse exercise. Dyspnoea with hemoptysis. Flu. Thrombosis. Hematocele.

Breathing short, breathless, difficult and anxious. Rattling in the chest. Chest tightness and difficulty breathing. Breathing is often slow and deep.

Shooting in chest and sides, with difficulty in breathing, worse by coughing, but by deep breathing and motion; better from external pressure. Palpitations and palpitations. Pain from liver up through left chest and down left arm, veins on hands swollen, purplish; sudden pain, as if the heart is being squeezed or going into shock (angina pectoris)

Diet and Regimen:

1. Balance diet is required for quick improvement

but in corona patients – cool things like cold drink or ice cream should not be allowed, and sour food or acidic food should be avoided to reduce inflammatory reactions.

2. The physician must counsel the patient and talk with him in simple, positive language, giving hope and confidence regarding recovery.

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Efficacy of Homoeopathic Remedy Natrum Carb in the Treatment of Lichen Simplex Chronicus – A Case Report



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Abstract:

Background/objectives :

Lichen Simplex Chronicus (LSC) is a type of eczema that is characterized by a thickened patch of skin that is often darker than surrounding skin and has a leathery or scaly texture. It has been found to occur in up to 12% of the population. It has been diagnosed most frequently among females who are between 30 and 50 years of age. A female patient of 47 years old, a case of LSC came with the complaints of papular eruptions on the dorsum of both the feet and ankles were successfully treated with Homoeopathy by following the principles of Similimum. The objective of this case study was to understand the role of Homoeopathic remedy in the case of LSC.

Methods:

In this case, the remedy Natrum Carb was selected after taking the detailed case history and performing analysis, evaluation, and Repertorization using RADAR Software. Single dose of NATRUM CARB 0/1 once in two weeks for a period 1 month and later Natrum carb 0/3 was given in the same manner for the next month.

Results:

The pustules are completed subsided after the treatment. Result was analyzed on the basis of totality of symptoms and the improvement was assessed with the help of photographic evidence. The result of this study also shows that Homoeopathic Remedies in the Ascending mode of LM Potency are particularly effective in the treatment of LSC.

Conclusion :

This case of LSC reflects the role of Natrum carb, a well-chosen homoeopathic remedy in improving the symptoms of LSC.

Keywords : Lichen Simplex Chronicus

Introduction :

Eczema has become a life long struggle for many to control the itchy, red, and weeping and often painful condition of their skins. The severity of the disease can vary. In mild forms the skin is dry, hot and itchy, whilst in more severe forms the skin can become broken, raw and bleeding. Although it can sometimes look unpleasant, eczema is not contagious. With treatment the inflammation of eczema can be reduced, though the skin will always be sensitive to 'Flare-ups' and needs extra care. By nature, eczema comes and goes. For the reappearance a number of factors appear to be responsible, anger/irritability is one of them. Situations in life of the patients where they have

difficulties in coping up with their expression of anger and irritability have been seen very frequently to be one of the prime triggering factors of the flare up of eczema.

This condition affects the quality of life of patient and thus requires appropriate intervention and management. The following case report is regarding a patient who was suffering with Lichen Simplex Chronicus for 5 years. In spite of taking allopathic treatment for 5 years, there was no marked improvement. After taking homoeopathic treatment, patient's condition was improved significantly with no recurrence till date. This shows the efficiency of homoeopathic medicines in cases of Lichen Simplex Chronicus.

Case Study:

Preliminary Information

Name of the patient : LJM

Age : 47 years Sex: F

Marital status : Married

Education : B. Com

Occupation : Housewife

Address : Chandwad

Chief Complaints :

Location	Sensation	Modality	Accompaniments
1) Skin Face Jawline Both ankles Since 5 years	Papular eruptions ++ Coolness itching ++ burning Occasional Numbness Early identification	< Warm water	
2) Head Left High orbital	Pain Throbbing 3 lines vomiting (Bilious headache)	< Afternoon 2 < Sun 3 < COW 4 < Heat 3 > Head bath 5 Sleeping	

Associated Complaint:

Location	Sensation	Modality	Accompaniments
1) GIT Dyspepsia Stomach	Remission burning Burr eruptions Occasional vomiting Flatulence ++	> Spicy food 3 Lying down 3 Vomiting	

Patient as a person:

Perspiration – Scalp 3, Neck 2. Occasional white stains Cravings – Fruits 3, Sweets 2.

Aversion – Milk 3.

Stools – Constipation. > Coconut water.

Menses – irregular, stains blackish, indelible.

During – hypo gastric, calves and back pain.

After – headache

Sleep – disturbed due to anxious thoughts

Dreams - ++++. But unremembered.

Bus < Vomiting 3

Sun < Bilious headache 3

Thermals – Likes summers, Breeze < 3

Fan – Slow in winters

Covering - ++ in

winters C3H2. Chilly.

Life space Investigation :

Patient hails basically from Raipur. She has 4 brothers and 3 sisters. She had a comfortable childhood. Relations with all the siblings were good. Her parents were very good-natured and she has very good memories regarding the same and her childhood. After studies she underwent an arranged marriage.

After marriage patient faced all kinds of problems. She had a step MIL who never accepted her and would constantly nag her. She would think why she behaves like this to her? She had good relations with other members of the family, which would aggravate her step MIL, and she would create more problems for her. She would remain very much disturbed but never shared this with her own parents also. Her step MIL had 2 daughters who also would trouble her a lot and they all would have constant arguments.

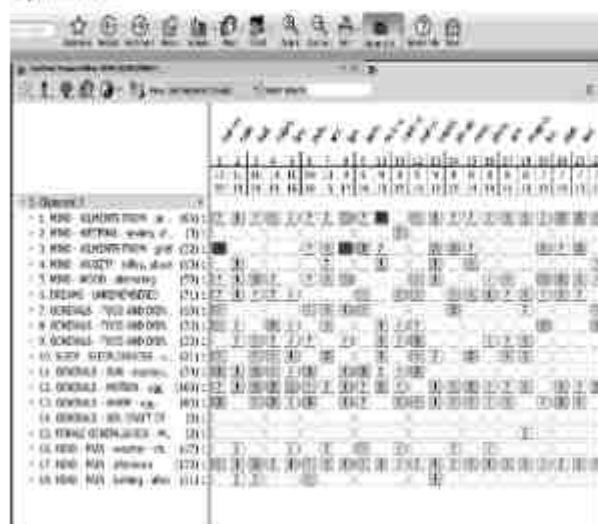
Patient has 3 sons. After the birth of the 2nd child, her Sister in law told her that her husband had had an affair with the SIL's sister and wanted to marry her but could not. She felt betrayed by her husband, that he did not love her and did not reveal all this to her even after so many years of marriage. She screamed a lot to her husband. For days she would fight with him. After a few days she started feeling that it is not nice she fights so much with her husband. After all he loves her so much and he is so nice. But would feel helpless, the thoughts would not leave her mind and constantly it would keep her worried. Sleep got highly affected. During this period, they got separated and started living separately. Once when they all were out, house caught fire due to short-circuit and the whole house got burnt. This was a real shock for her. She still cries over this.

Due to all the above worries in her life she joined a Yoga center. Yoga helped her immensely. She also started taking interest in gardening that has helped her to divert her mind a lot. Due to these interests she always avoids to leave home for long as she starts getting worried about her plants. Similarly, she gets very anxious when her children fall ill, cries a lot. She also gets very anxious if she hears any bad news like that of anybody's death or accident.

Clinical Diagnosis – Lichen simplex chronicus.

2) Waxy anxiety after	Mental, emotional, qualified, characteristic, state
3) Grief	Mental, emotional, characteristic, state
4) Anxiety	Mental, emotional, characteristic, state
5) Mood alternating	Mental, emotional, characteristic, state
6) Dreams - plenty but unremembered	Mental, subconscious, characteristic, symptom
7) Craving - fruits 2	Physical, general, dispositional, characteristic symptom
8) Craving - sweets 2	Physical, general, dispositional, characteristic symptom
9) Aversion - milk 3	Physical, general, dispositional, characteristic symptom
10) Sleep disturbed anxiety from	Physical, general, characteristic symptom
11) Sun <	Physical, general, dispositional, characteristic modality
12) Motion <	Physical, general, dispositional, characteristic modality
13) Warmth <	Physical, general, dispositional, characteristic modality
14) Air draft <	Physical, general, dispositional, characteristic modality
15) Nerves stinging	Physical, general, dispositional, characteristic symptom
16) Headache < COW	Physical, particular, characteristic Modality
17) Headache < afternoon	Physical, particular, characteristic Modality
18) Headache < bathing after	Physical, particular, characteristic Modality

Repertorization



Final remedy :

The over sensitivity of the patient at various levels of mind and body makes Natrum Carb as the final choice of the remedy.

Single dose of NATRUM CARB 0/1 once in two weeks for a period 1 month and later Natrum carb 0/3 was given in the same manner for the next month.

Results:



Discussion :

The patient has shown immense sensitivity both at the physical as well as at the mental level. Patient is reacting to multiple environmental factors. They disturb the patient at the general level also in particular complaints of skin and headache. The disappointment received on the hands of husband has taken its toll on her. She is not been able to forget and let go the past. It constantly keeps on coming back on her and has caused a depressed and agitated state. On top of that the loss of her house totally brought about a breakdown. The constant thoughts of the past irritate her and have brought about that itch. The aggression inside shows up as itch over the skin which is relieved by scratching, which itself is an aggressive action towards self. This constant scratching has brought about the lichenification with which the patient has come to us. Constant counseling is required in such cases as to help her forget the past and to enjoy what life has to offer at present. In this patient it is being attempted and has also brought about the desirable cure. But it keeps on fluctuating though the frequency has reduced.

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Comparative Study of Constitutional and Common Symptoms for Selection of Similimum in the Cases of Hemorrhoids in Rural Area



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ABSTRACT :

Hemorrhoid a disease although not fatal or life threatening but leaves the patient in misery and despair. Since long back the man kind is suffering with this condition and the physician were trying to cure this condition by different modes of treatment.

During rural visit OPD duties, since last 10- 12 years I observed that most of the farmers from rural area are suffering with Hemorrhoids In acute Hemorrhoidal attack they approach with emergency symptoms and present only acute totality. In such conditions we have to select similimum on the basis of acute totality formed on the basis of common symptom which they give. So this comparative study is conducted to assess the significance of selection of similimum on the basis of constitution and common symptom. Assessment is on the basis of changes in Hemorrhoidal symptoms after the treatment

Key words :

Hemorrhoids, constitution, common symptom, similimum.

AIM :

To find out the comparative significance of constitution and common symptom in selection of similimum in cases of hemorrhoid in farmers of rural area.

OBJECTIVES :

To study the results after administration of similimum on the basis of constitution and common symptoms in cases of hemorrhoid.

INTRODUCTION AND STUDY TOPIC :

Hemorrhoid referred in the literature dating back to pre-Christian era and is a common condition. It is reported that hemorrhoid sufferer lived sometimes in the 7th century A. D. also. Prevalence in western population statistics varies from 4.4% in the general population to 36.4% in general practice. In India with the advent western culture and diet the scenario is not better despite the diet being richer in fiber the percentage of cases of hemorrhoid are up to 40%.

HEMORRHOIDS are defined: as dilated veins within the anal canal in the sub epithelial region formed by radicles of superior, middle and inferior rectal veins.

Hemorrhoids are divided into two types: Internal hemorrhoids & External hemorrhoids

Internal hemorrhoid : are within the anal canal and internal to anal orifice. It is bright red or purple in color. It commences at the ano rectal ring and ends at dentate line.

Clinical features: Bleeding, Prolapse: According to prolapse hemorrhoids divided into four degree. First degree prolapses: hemorrhoid does not come out of the anus. Second degree prolapse: hemorrhoids come out only during defecation & is reduced spontaneously after defecation. Third degree prolapsed: hemorrhoid comes only during defecation & do not return by themselves, but need to be relapsed manually & then they stay reduced. Forth degree prolapsed: the hemorrhoids that are permanently prolapsed. It is with great discomfort & feeling of heaviness in the rectum. **Pain:** pain is seen when it is associated with thrombosis or there is associated fissure in ano. **Mucous discharge:** prolapsed hemorrhoids soften & excoriate the skin at anus. The mucous discharge is due to engorged mucous membrane *pruritus ani* will be caused by such mucous discharge. **Anaemia:** seen in long standing cases of hemorrhoids due to persistent. External hemorrhoids: are outside the anal orifice and is covered by skin. Other condition is *intero-external hemorrhoid* in which both varieties coexist.

Controversies and lack of agreement are still exist on treatment strategies. Non surgical procedures like banding, sclerotherapy, infrared coagulation & surgical procedure like hemorrhoidectomy, hemorrhoid slapping & laser therapy etc. Every technique has its own drawbacks but no cure rather recurrence and significant morbidity is observed.

Our stalwarts show excellent cures of hemorrhoids with Homoeopathic medicines. In our materia medica we have number of medicines for hemorrhoids. It's a skill of physician to apply the similimum which is achieved after individualization. It helps to prescribe on the basis of constitution. When any remedy is prescribed on the basis of the constitution of a person it **cures the ailment permanently.**

Hemorrhoid is considered as chronic & surgical disease. Patient approaches to physician when there is pathological change in part and usually present with some very acute distressing complaints. In such circumstances patient gives only few common symptoms and to minimize the intensity of the symptoms it becomes necessary to

give immediate relief by giving medicine on presenting acute totality on the basis of common symptoms. So, this study is conducted to observe whether after selecting the similimum on the basis of common symptoms can we cure the case or only constitution based prescription is helpful to achieve the cure.

MATERIAL AND METHODS

STUDY SETTING:

The cases of hemorrhoid are collected from hospital OPD & peripheral OPD attached to homeopathic medical college & PG institute.

STUDY DURATION: Study is conducted over the period of 2 years.

STUDY DESIGN: experimental control trial. Approximately 30 cases of hemorrhoid are selected. Cases of hemorrhoids are selected by questionnaires and screening after local examination are divided in two groups i.e. **Group A and group B.** After case taking and analyzing **To Group A:** constitutional medicine along with dietary management is given.

To Group B: medicine on the basis of common symptom that is therapeutic medicine with dietary management is given.

INCLUSION AND EXCLUSION CRITERIA:

Inclusion criteria : Farmer from rural area suffering from hemorrhoid, Both sexes (male and female), Age group above 30 yrs.

Exclusion criteria :

- Patient whose occupation is not farming,
- Cases from urban area
- Age group below 30 years
- Patients with complication

Ethical clearance:

has been obtained from our institute.

INVESTIGATIONS : Yes, whenever required

OUTCOME ASSESSMENT CRITERIA:

It is based on observations and recordings through regular follow ups, changes occurring in patients' illness during treatment especially in pain, bleeding, discomfort and general condition.

Bleeding was assessed on scale of 0 – 3:

- A score of 3 was considered as severe if it is occurred more than 5 times in week
- A score of 2 was considered as moderate if it is occurred less than 3 – 5 times in week
- A score of 1 was considered as mild if it is occurred less than 1 – less than 3 times in week
- If bleeding did not occur at all, then it was scored as zero

Pain scale by visual Analogue scale: ranging from 0 – 10

0 : no pain	5 : severe pain
1 : very mild pain	6 : severe pain
2 : mild pain	7 : very severe pain
3 : very moderate pain	8 : very severe pain
4 : moderate pain	9 – 10 worst possible pain

Heaviness is assessed on scale of 0 – 3:

- 0: no sensation of heaviness
- 1: occasionally
- 2: daily after passing stool
- 3: continues sensation of which makes patient uncomfortable

With help of this scale patient complaints are scored and aggregation of all the scores before and after the treatment is considered for the statistical testing.

STATUS OF PATENTS:

In this study 30 cases of hemorrhoids are selected from rural area and are divided in to 2 different groups that is in constitutional group and common symptom group and following are the observations after giving treatment:

Table no. 1

Case distribution according to the status of group B

Status	No. of patients	Percentage
Improved	8	53.33 %
Not improved	7	46.6 %

Table no. 2

Case distribution according to the improvement status of group A

Status	No. of patient	Percentage
Improved	13	86.66 %
Not improved	2	6.66 %

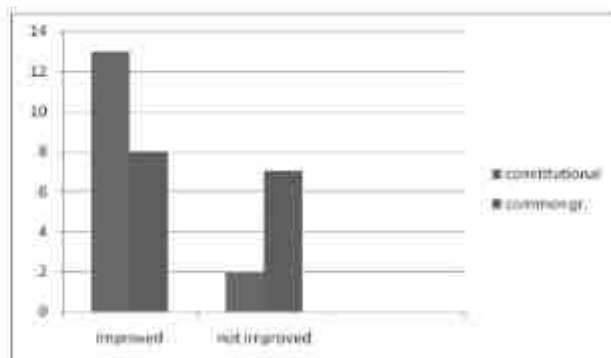


Fig. 1 comparative presentation of improvement

STATISTICAL TECHNIQUE:

After completion of study through observation comparison done and results represented statistically by means of tables, graph, and charts etc.

The descriptive statistics as mean, standard deviation, percentage etc. applied to get the results.

DATA ANALYSIS :

The data analysis done by applying appropriate tests of significance namely paired t Test: To Group A & Group B separately. Unpaired t test is used to find the difference of mean of both group after the treatment.

Group A :

Paired 't' test is used in this case as $n_1 = n_2 = n$. we want to test the difference between score before treatment and score after treatment when similimum selected on the basis of constitution $H_0 =$ similimum selected on the basis of constitution of patient is not effective. $H_1 =$ similimum selected on the basis of constitution of patient is effective.

$SD = 2.385$, $SE = 0.687$ $t = \text{mean } d / S.E. = 9.13 / 0.687 = 13.28$ $df = 15 - 1 = 14$ table value of t of $df = 14 = 2.15$ at 5% of l. o. s., we reject the null hypothesis at 5% l. o. s. since calculated value of t (13.28) is greater than table value of t (2.15). So we can say that it is significant.

Group B :

Paired 't' test is used in this case as $n_1 = n_2 = n$. we want to test the difference between score before treatment and score after treatment when similimum selected on the basis of common pathological symptoms. $H_0 =$ similimum selected on the basis of common pathological symptoms of patient is not effective $H_1 =$ similimum selected on the basis of common pathological symptom of patient is effective.

Mean $d = 6.33$ $SD = 3.81$ $SE = 0.85$ $t = \text{mean } d / S.E. d = 7.44$ $df = 15 - 1 = 14$ table value of t of $df = 14 = 2.15$ at 5% of l.o.s. we reject the null hypothesis at 5% l. o. s. since calculated value of t (7.44) is greater than table value of t (2.14). So we can say that it is significant.

EXPECTED OUT COME AND IT'S USEFULNESS :

With the help of homoeopathic medicine along with guidelines of dietary management, expect the improvement in patients who are suffering from hemorrhoids when similimum selected on the basis of constitutional as well as on the basis of common symptoms. Similimum selected on the basis of common pathological

symptoms is useful in acute emergency conditions of hemorrhoids. It is helpful in easy selection and gives early relief as well helps to reduce the anxiety of patient.

CONCLUSION :

In this study 30 patients of hemorrhoid are selected from rural area whose profession is farming. These 30 patients divided into two groups, i.e. Group A and Group B. After conducting study on these two groups it may be concluded that :

- From the above study it can be implied that medicine prescribed on the basis of common pathological symptoms definitely helps in easy selection of similimum, which helps in management of acute intensified symptoms of patient, gives early relief from the condition, makes the patient comfortable, and results in improvement.
- Though recurrence is seen in few cases after giving prescription on the basis of common pathological symptoms, it is with relief of acute intensified symptoms of disease.
- Similimum selected constitutional basis is definitely helpful in the management of cases of hemorrhoids and give slow & steady but permanent cure in cases of hemorrhoids with very low rate of recurrence of symptoms.

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The long -term benefit of homoeopathy to the patient is that it not only alleviates the presenting symptoms but it reestablishes internal order at the deepest levels and thereby provides a lasting cure.

-George Vithoukas

Effects of Food Additives & Preservatives on Health



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Abstract:

The choices of food become changed from Indian natural diet to Foreign diet and processed food intake is increasing day by day. Long term impact of such food items need to be evaluated, as they contains many organic and inorganic chemicals used in processing, preservation and as a part of food additives. For better understanding of such effects we must understand the science of Food additives & preservatives. You are what you eat and you develop/suffer from effects of food you eat as diet. Do not treat your stomach as dustbin, fill it up with the things that nourish You for Positive health. Your diet is a bank account, Good food choices are good investments by Bethenne Frankel. The food you eat can be either Safest & most powerful form of Medicine or the slowest form of Poison by Ann Wigmore.

Keywords:

Nutrition, Positive Health, Food additives, Preservatives, Homoeopathy.

Effects of Food Additives and Preservatives on Health

Today the world is moving fast and people are occupied in daily businesses, resulting into lack of time and motivation for preparation and choice of natural & healthy food. The choices of food become changed from Indian natural diet to foreign diet and processed food intake is increasing day by day. Long term impact of such food items need to be evaluated, as they contains many organic and inorganic chemicals used in processing, preservation and as a part of food additives. For better understanding of such effects we must understand the science of Food additives & preservatives.

Food additives are substances that food manufacturers intentionally add to food in small quantity during production or processing to improve the organoleptic of the food(Winter,1994). Food additives are also defined as chemical substances deliberately added to food in known quantities for purpose of assisting in the processing, preservation of food; or improving flavor, texture and appearance of food (Daniel, 2007). Food additives are used in two ways as Direct and Indirect.

There are different categories of food additives

Sr. No.	Type of Additives	Examples
1	Coloring Agents	Saffron, Turmeric
2	Flavoring Agents	Vanilla essence
3	Sweeteners	Saccharin
4	Preservatives	Sorbic acid, sodium benzoate
5	Acidity imparting agents	Citric acid, acidic acid
6	Contaminants	Through packing/ processing
7	Insecticides/ Pesticides	Rogan

Uses of additives:

1. Protection against food spoilage/ deterioration.
2. Fast Urbanization and large quantities of food requires transportation and preservation
3. Increase demand of Built-in food (Convenience food).
4. Many foods with moisture cannot keep well without additives.
5. Color and flavor to the food.
6. To enhance stability.

The majority of processed, refined and packed food contains additives like bread, biscuits, sweets, cake, jam, jelly, soft drinks, ice-creams, ketchup, refined oils. Even packing materials and animal food adjuncts find way in these foods. But uncontrolled and indiscriminate use of these additives develops various health hazards to the people. And such use of additives in increasing day by day for improving financial benefits of the industry.

Food Preservatives is defined as any substance which is capable of inhibiting, retarding or arresting the growth of microorganisms, of any deterioration of food due to micro-organism or masking the evidence of any such deterioration. In simple words it is protection and maintenance of food for specified period of time. Preservatives are of two types natural and artificial/chemical. Natural preservatives are salt, sugar, vinegar, castor oil, alcohol, citric acid, etc. These natural preservatives have ability to protect food for limited period of time but are more safe than chemical preservatives like pickles preservation done by use of salt. The chemical preservatives are benzoic acid, sodium benzoate, calcium sorbate, nitrates and nitrites, Butylated hydroxyl toluene (BHT), etc. Chemical preservatives acts through effect on cell membrane of microorganism, their enzyme or through genetic mechanism. Many food items are preserved by using these preservatives.

It benefits by retarding spoilage, preserve flavor and color and avoids oils getting rancid. But all the food coming in packing is preserved by use of chemical preservatives. There are set limits for use of these chemical preservatives but many doesn't follow the limits and excess use as well as repeated and regular use of these chemicals have adverse impact on the health. Some chemical preservatives may be harmful: Sulfur dioxide (often used to preserve wines) is irritating to the bronchial tubes of persons who have asthma, and nitrites have been implicated as carcinogens (Sanchez- Echaniz, 2001 and Dusdieker, 1994).

One important risk posed by additives is the **loss of the nutritional value** of foods, which can result in inappropriate diets and subclinical **malnutrition**. The wide use of food additives can contribute to malnutrition like high salt, sucrose and fat content. Pure sucrose, contains literally no nutrients, only calories; fat, on the other hand, contains few nutrients and is very high in calories. In addition, foods containing additives are mainly **processed foods**, which have lost a substantial proportion of their nutritional value through the processing procedure (Tuula, 1994). Even though some vitamins and/or minerals are sometimes added to some foods after processing, the ratio of essential nutrients to calories is usually still quite inadequate, resulting in a **high caloric, but a low nutritional, intake**. This type of diet can result in less than optimum nutrition and therefore subclinical and/or marginal malnutrition (Tuula, 1994).

Adverse Effects of Additives and Preservatives :

The effects of food additives may be immediate or Chronic if one have constant exposure or accumulations. Immediate effects may include headaches, change in energy level, and alterations in mental concentration, behaviour, or immune response (Pandey, and Upadhyay, 2012). Long-term effects may increase one's risk of cancer, cardiovascular disease and other degenerative conditions. Some modern synthetic preservatives have become controversial because they have been shown to cause respiratory or other health problems (Pandey, and Upadhyay, 2012). Some studies point to synthetic preservatives and artificial colouring agents aggravating ADD & ADHD symptoms in those affected (Gustafsson et al., 2003). Parental reports were more accurate indicators of the presence of additives than clinical tests (ANON, 2004).

Control and Prevention:

Food that has no additives at all is to be preferred, most especially if it is to be used to feed children.

It is best to eat a preservative-free diet if at all possible. The reaction from these additives can be very mild to life-threatening. They can be immediate or build up in the body over time.

Limitation of use of sweeteners like Saccharin is 'reasonably anticipated to be a human carcinogen' because there is 'sufficient' evidence of carcinogenicity in animals (multiple sites in rats and mice) and 'limited' or 'sufficient' evidence of carcinogenicity in humans (bladder cancer) (Kroger, 2006). Aspartame is one of the most controversial

Artificial sweeteners. Aspartame is likely one of many dietary triggers of migraines in a list that includes cheese, chocolate, citrus fruits, hot dogs, monosodium glutamate, fatty foods, ice creams, red wines and beer (Millichap and Yee, 2003).

Proper and detailed labeling of packing and processed food containing information about additives and preservatives used to be followed.

Warning signs of dangers of regular and repeated use of these types of foods should be mentioned on the packets.

Wide awareness campaigns to be organized to make people aware about the effects of use of chemical additives and preservatives should be done.

Use of natural, fresh and organic food products should be increased and promoted.

Create a better supply chain of natural food for increase demand of food globally by promoting natural and organic food available locally like each taluka should have their own natural, fresh food and end food products to supply its need for their community.

Last is to create better health care system to tackle with todays need. And here Homoeopathy can offer a great deal of support for various problems from allergies, ADHD, Asthma, neurological disorder and even Cancer.

Homoeopathy Medicines for food allergies and other problems:

Allergy from Bread and Acidic foods	Puls, Natrum Mur, Bryonia
Allergy from warm boiled milk	Sepia, Nux mosc.
Allergy from Salt, Butter, Eggs and chicken, wite	Carbo Veg
Allergy from Coffee	Nux Vomica
Allergy from cold drinks, fruits and rotten food	Arsenic Album
Allergy from onion, fatty meat and sweets	Thuja
Allery from sugar	Argentum Nitricum, Sulph
Allergy from rice	Tellurium, pulsatilla
Allergy from cabbage	Petroleum, Lyco, Bryonia
Allergy to chocolate	Lyco, Bromium
Allergy to eggs	Puls, Carbo veg.
Allergy to alcohol	Nux. Vom., Arsenic, Sulph. ac.

Conclusion:

From the above discussion, it is clear that food additives and food preservatives, what is being widely used now a days are having adverse effects on the health of humans and many serious health issues results from use of these type of food on regular basis. So, the best option is to cut down use of these chemical substances as much as possible or at least limit their use. Measures of control for the problems arising from use of these substances can be prevented and control easily by taking proper precautions and use of homoeopathic medicines for it. To conclude: **"Nature is the best solution for all types of artificial food induced diseases."**

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Imponderabilia A Source of Homoeopathic Medicine



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ABSTRACT-

Homoeopathic medicines are prepared from various sources Imponderabilia is one of the important source of homoeopathic medicine.

KEYWORDS-

Imponderabilia, Nosodes ,Sarcodes ,Minerals, Underground streams.

INTRODUCTION-

Homoeopathy medicines are prepared from all the natural available drug substances. These medicines are not only from the origin of plants & animals but also derived from the healthy as well as diseased plant & animal tissues which are called as sarcodes & Nosodes respectively this is one of the most specialty of Homoeopathy.

AIMS & OBJECTIVES :

As Homoeopathic medicines are prepared from all the natural sources for preparation of drug substances which also includes minerals water from underground streams, all available natural salt etc., the IMPONDERABILIA is also forms one of the great natural sources for preparation of Homoeopathic medicines. The word 'Imponderabilia' means in greek 'Imponder = unweightable, without having weight & billia = Power; energy

substance. It means this is an energy source from such a matters which doesn't have any weight but are grate source of energy or Power which already exist in the nature.

These imponderable drug substances are as follows :

A) Natural Imponderable Source : These are originated from nature under this category following sources includes.

1. From Solar origin i.e. from the sun rays.
2. lunar origin : i.e. the Moon light rays.
3. Magnetic Polus Arcticus : i.e. witch are from the north pole of magnet.
4. Magnetic Polus Arcticus; i.e. witch are from the south pole of magnet.

B) Artificial imponderable drug source : These are the energy source witch are prepared by artificially. These includes following source

- 1) Electrical & Electricity : it is from the electrons of the electricity.
- 2) X-ray : as in modern days X-ray are investigated these the can also become the sources.
- 3) Radio active salt : salt of radio active element can also become the nice source of medicine because by the phenomenon of radioactivity

these salts are able to emit the various & rays. e.g. The salts of uranium, Radium Bromide (RaBr) etc. Hence all these substance & substances & energies are prepared as remedies by Homoeopathy pharmacist. Thus Imponderabilia i.e. electricity, Magnetism, X-ray, Radium etc. & are utilised for preparation of some of the Homeopathy drugs.

In the preparation of these imponderabilia the liquid vehicle or may be sometimes semisolid vehicles are used. These includes water, alcohol i.e. dispensing alcohol glycerin etc. are used. These vehicles are subjected for a definite time period to the contact of Imponderable energy source so that after definite time period they can achieve the medical properties & can be used for dispensing to the patient.

Example :

1) If the drug from lunar source is prepared then the definite quality of dispensing alcohol or water or as the vehicle may nights then the vehicle bears the medical value & then it may be potentised to successive potencies for dispensing.

2) In the similar way drug from X-ray prepared by continuous exposure of X-ray to the alcohol phial. As alcohol changes to the medicinal property of X-ray.

3) When drugs from electricity source is produced, then vehicle is subjected to the passage of electricity through it so as to bear electrical medicinal property.

Thus by simply getting contact or exposure to physical energy source vehicle is converted in medicinal substance; rather it posses the medicinal power of the natural energy source; the main central principal of this phenomenon is that the light rays consist of particles which are known as photon which has quanta i.e. the packet of energy. It means the photons are energy packets when the light rays or (may be X-rays, α, P, rays from radioactive salts) which are the of energy are bombarded or get exposed to the vehicle then due to the energy from light rays one the valence electrons from molecules of liquid vehicle is removed & highly excited positively charged ion called molecular ion is formed. This molecular ion being quite liable due to high degree of excitation undergoes a number of successive breakdown with format of tvely charged ions or formats or radiances of vehicle. Thus vehicle molecules is much more broken by this way in to ionic level.

As the vehicle selected for imponderable drugs are in liquid state mostly & by the principal of physics that liquids molecules are bounced together by weak vandarwall forces than solids; due to this the energized photons of light rays are become able to broke down these vehicle liquid molecular into more ionised fragment.

And thus we know that by the process of potentization unfold latent curative power of medicines, (drug substance) are get explored by breaking down drug substance into it's molecular level. This is the most peculiarity of Homoeopathy medicine.

By the above mentioned process the fragmented liquid molecules posses medicinal properties as they get rearrangement after removing them from light sources due to change of their chemical properties. They of obtained certain medicinal properties.

With similar way as above mentioned due to electromagnetic field all due to magnetic field slight fragmentation may accord when vehicle are gate explored with magnetic south or north poles or are subjected to electric field and they obtained medicinal property.

Thus imponderable drug obtained by magnetic polus Arcticus ie, from of magnet is used for Dry Cough it can also be used for copious emission of urine, smarting pains in genital organ or bruised pains at lower extremities.

Also magnetic polus Australis is used remedy for slow burning stich at margin of eye lid. It can be also used for pains of submaxillary gland, sore throat feeling it can be Indicated for early morning vomiting nausea for stomach pain the remedy obtained from

'Magnetic poli umbo' can be used for Asthma at midnight, Back pains, fever for burning during emission of semen for stiffness of cervical vertebra. The imponderable drug substances from electricity can be used as remedy for Inflammation, profuse lacrymation from eyes for swelling of inner ears.

CONCLUSION :

Thus imponderable drugs substances are the one of the grate source of homeopathy medicines which constitute all the physical powers of energy which are available in nature. This is the one of the most peculiarity of Homeopathy medicines; which can be used for treatment of several disease of human being.

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A Fundamental of Organic Chemistry. Vol. - 2
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- 2) A text book of physics for Class - XII
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- 3) Materia Medica of Nosodes
by Dr. H. C. Allen's



ACTIVITIES CONDUCTED IN THE INSTITUTE



Seminar on the topic "Significance Of Gynecological And Obstetrical Examination In Clinical Practice " by Dr. Rupali Nikam on 26/11/22



Seminar on the topic "Homoeopathy the Science Of Future Medicine" by Prof. Dr. Randeep Singh, Gujrat.

FACULTY ORIENTATION



Orientation on the topic "Out Come Based Evaluation" by Dr. M H Parewal and Dr. Mrs. S. S. Thorat on 30/11/2022



Motivational session on the research by Dr. N V Dhavankar on 06/12/2022

COCURRICULAR AND EXTRACURRICULAR ACTIVITIES



Pathology department organised "exhibition" on 01/10/2022



Medicine department organised "poster competition on Mental Health & well-being – A Global Priority" on 10/11/2022



Pharmacy department organised "Study Tour for I BHMS students" on 11/10/2022



HMM department organised "Exhibition" on 18/10/2022



NSS unit & Community Medicine Department organised "Nutritional Awareness program" at adapted village Uswad on 13/10/2022



Hospital Organised "Rubric hunting competition for interns" on 13/12/2022



Hospital Organised "Mediquiz competition for interns" on 14/11/2022



NSS unit celebrated "Communal Harmony week" from 19th - 25th / Nov /2022



NSS unit celebrated "Constitutional Day 2022" in the institute on 26/11/2022

HEALTH CHECK – UP CAMPS



Health check- up camp at Swami Samarth Centre, Chandwad on 06/11/2022.



Health check up camp at Urdhul on 10/11/2022.



Free Urogenital disease diagnostic & Health check up camp conducted in association with S. M. B. T. Hospital on 15/11/2022.



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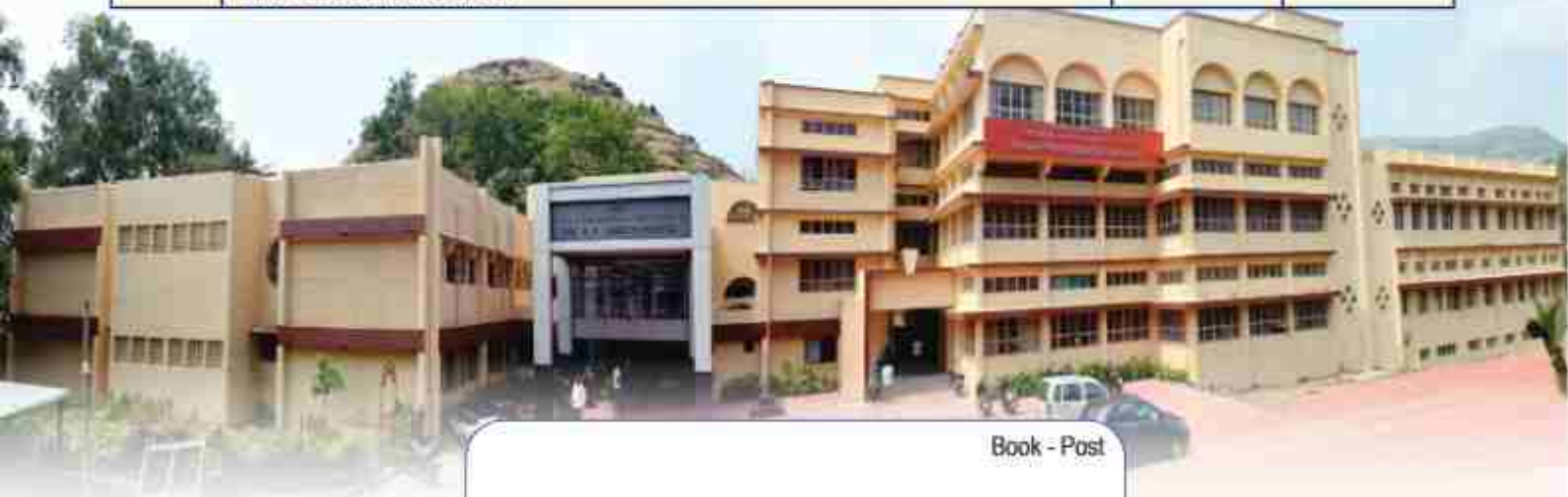
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08.	Shriman Deepchandji Fakrichandji Lodha Pharmacy College (D. Pharm)	1985	252529
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15.	SNJB's Bhamashah Shri. Vijaykumarji Devraji Mehata Dev- Vijay Post Graduate Institute of Homoeopathy & Research Center (M. D. Homo.)	2007	253282 252041
16.	SNJB's Smt. Sushilabai Mishrimalji Lunkad College of M. Pharmacy and Research Center	2008	253179



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